

DON'T WAIT

REGISTER ONLINE!











SEPTEMBER 2024 CALENDAR

FITNESS PROGRAM

ROSE BARRACKS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	US 2 HOLIDAY	3	SPIN 4 12:15 - 12:45 <i>P.M.</i>	5	6	ZUMBA 0930 -10:30 A.M. FITNESS CENTER @ MEMORIAL
8	9	10	SPIN 11 12:15 - 12:45 P.M.	12	13	ZUMBA 14 0930 -10:30 A.M. @ MEMORIAL FITNESS CENTER
15	16	17	SPIN 18 12:15 - 12:45 P.M.	19	20	ZUMBA 21 0930 -10:30 A.M. @ MEMORIAL FITNESS CENTER
22	23	24	SPIN 25 12:15 - 12:45 P.M.	26	27	ZUMBA 28 0930 -10:30 A.M. @ MEMORIAL FITNESS CENTER
29	30	31				

MORE INFORMATION AT GRAFENWOEHR.ARMYMWR.COM