

DON'T WAIT IN LINE...

REGISTER ONLINE!











APRIL 2024 CALENDAR FITNESS PROGRAM

ROSE BARRACKS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	ZUMBA 2 6:30 - 7:30P @MEMORIAL CENTER	SPIN 3 12:15 - 12:45 P.M. @ MEMORIAL FITNESS CENTER	4	5	ZUMBA 9:30 - 10:30 A.M. @MEMORIAL FITNESS CENTER
7	8	ZUMBA 9 6:30 - 7:30P @MEMORIAL FITNESS CENTER	SPIN 10 12:15 - 12:45 P.M. @ MEMORIAL FITNESS CENTER	11	12 Training Holiday	ZUMBA 9:30 - 10:30 A.M. @MEMORIAL FITNESS CENTER
14	15 Training Holiday	ZUMBÅ 16 6:30 P.M7:30 P.M. @ MEMORIAL FITNESS CENTER	SPIN 17 12:15 - 12:45 P.M. @ MEMORIAL FITNESS CENTER	18	19	ZUMBA 20 0930 -10:30 A.M. @ MEMORIAL FITNESS CENTER
21	22	ZUMBA 23 6:30 P.M 7:30 P.M. @ MEMORIAL FITNESS CENTER	SPIN 24 12:15 - 12:45 P.M. @ MEMORIAL FITNESS CENTER	25	28	ZUMBA 0930 -10:30 A.M. @ MEMORIAL FITNESS CENTER
28	29	ZUMBA 30 6:30 P.M 7:30 P.M. @ MEMORIAL FITNESS CENTER	SPIN 31 12:15 - 12:45 P.M. @ MEMORIAL FITNESS CENTER			

MORE INFORMATION AT GRAFENWOEHR.ARMYMWR.COM