

June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
LGBT Pride Month & National Safety Month				
			1 Espresso Yourself , 1000-1100, TB Army Lodging AFTB- K.2: Military Acronyms & Terms , 1045-1200, RB Bldg. 221 Rm. 206 English as a Second Language , 1100-1300, RB ACS	2 Financial Friday , 0900-1600, TB Bldg. 244 Rm 126
5	6 It Take Two (Part 1) , 0830-1530, RB Bldg. 134 FRG Key Contact Training , 0900-1130, TB Camp Normandy Bldg. 3144 Toddler Play Group , 0930-1100, Netzaberg SAC Resiliency through Stress , 1000-1130, RB ACS Newborn Network , 1000-1200, RB ACS	7 It Take Two (Part 2) , 0830-1530, RB Bldg. 134 German as a Second Language Level 2: (8 Sessions: 07 June-26 July): 1330-1530, RB ACS AVC OPOC , 1030-1200, RB Bldg. 221 Rm 206	8 U.S. Army Europe Birthday It Take Two (Part 3) , 0830-1530, RB Bldg. 134 Espresso Yourself , 1000-1100, TB Army Lodging AFTB- K.2: Military Acronyms & Terms , 1045-1200, RB Bldg. 221 Rm. 206 English as a Second Language , 1100-1300, RB ACS	9 Financial Friday , 0900-1600, TB Bldg. 244 Rm 126
12	13 Morning Coffee with... 0900-1000, RB Java Café at the Library Bldg. 227 Toddler Play Group , 0930-1100, Netzaberg SAC Newborn Network , 1000-1200, RB ACS Afternoon Tea with... 1500-1600, TB Bldg. 244 Rm 128	14 U.S. Army Birthday	15 Resume Writing , 0900-1030, RB ACS Infant Massage , 1000, RB ACS NPSP Office Espresso Yourself , 1000-1100, TB Army Lodging AFTB- G.2: Effective Conflict Management , 1045-1200, RB Bldg. 221 Rm. 206 English as a Second Language , 1100-1300, RB ACS	16 Financial Friday , 0900-1600, TB Bldg. 244 Rm 126
19	20 Newborn Network , 1000-1200, RB ACS	21 Citizenship/ Immigration Workshop 1000 – 1200, RB ACS AVC VMIS , 1100-1200, RB Bldg. 221 Rm 206	22 Espresso Yourself , 1000-1100, TB Army Lodging AFTB- G.7: Growing Through Change , 1045-1200, RB Bldg. 221 Rm. 206 English as a Second Language , 1100-1300, RB ACS	23 Financial Friday , 0900-1600, TB Bldg. 244 Rm 126 Baby Boot Camp , 0900-1630, TB Tower View Conf. Center
26 Welcome to Bavaria! 1000-1500, RB ACS	27 Newborn Network , 1000-1200, RB ACS Screamfree Parenting , 1000-1200, RB ACS	28 German as a Second Language (8 Sessions: 28 June-16 Aug): 0830-1030, RB ACS Citizenship/ Immigration Workshop , 0900-1100, TB USO Bldg. 150 FRG Leader Training , 0900-1630, TB Camp Normandy Bldg. 3144	29 Espresso Yourself , 1000-1100, TB Army Lodging AFTB- L.6: Resolving Conflict , 1045-1200, RB Bldg. 221 Rm. 206 English as a Second Language , 1100-1300, RB ACS Europe on a Dime , 1500-1600, RB ACS A Globetrotter's Guide to Germany 1600-1700, RB ACS Bavarian Nights , 1700-1800, RB ACS	30 Discover your Neighborhood: Weiden Contact ACS for information on times and pick-up locations. Financial Friday , 0900-1600, TB Bldg. 244 Rm 126

See back of calendar for class descriptions & Special Events!

*ACS Rose Barracks (RB), BLDG 322:
M—F 0800-1700
DSN: 476-2650/CIV: 09662-83-2650



*ACS Tower Barracks (TB), BLDG 244:
M—F 0730-1230 & 1330-1630
DSN: 475-8371/CIV: 09641-83-8371

Calendar Key:
RB=Rose Barracks
TB=Tower Barracks

Pre-registration required for all classes! All advertised classes must have pre-registration numbers of at least 5 attendees or the class will be cancelled.

Persons signed up for a class that is cancelled will be notified of the cancellation and given options to reschedule.

Sign-up for ERP, FRP & SHARP appointments and classes online at: <https://acsbavaria.checkappointments.com/>

Relocation Readiness (Relo)

Welcome to Bavaria!: Newcomers get info about living in Germany, e.g. typical language, customs, holidays, dining out, lifestyle, shopping, and culture.

Discover Your Neighborhood: Practice your German language skills on a tour of Amberg or Weiden. Discover historical places to visit, shop & eat. Must first attend Welcome to Bavaria or German as a Second Language. Bring Euros for lunch & shopping. Parents: This trip entails a bus ride and a long day of walking. Please consider your child's safety and temperament. In addition, cobblestone streets are not stroller-friendly. *Contact ACS for times and pick-up info.*

Bavarian Nights: 1-hour introduction to Bavaria's unique culture and customs. Interesting facts about Bavarian garments, cuisine, festivities, history and much more.

Europe on a Dime: Discover tips, trips and planning tools to make your next European vacation memorable & affordable!

A Globetrotter's Guide to Germany: German Travel Tips including the Train System. Travel with confidence with this transportation and lodging class.

German as a Second Language (GSL): Beginner course with an introduction to the German alphabet, numbers, shopping, greetings, etc. *No additional sign-ups after 1st session.*

GSL Level 2: Must have attended Level 1 first!

English as a Second Language: English for Foreign-Born Spouses. Build your confidence with improving grammar & conversation skills.

Citizenship/Immigration Workshop: Classes provide guidelines and information while answering questions Foreign Born Spouses or their Sponsors might have.

Financial Readiness Program (FRP)

Financial Friday: Mandatory class for 1st Term Soldiers, but anyone can attend any portion of the class throughout the day. Topics include budgeting, credit/debt management, investing, frauds/rip-offs, and insurance requirements. Children may attend as long as they do not disrupt the class. *Spouses are encouraged to attend!*

Army Family Team Building (AFTB)/ Volunteer Program (AVC) /AFAP

Organizational Point of Contact (OPOC): Learn the in's and out's on how to create, update volunteer positions and certify volunteer's hours.

Volunteer Management Information System (VMIS): Acquire the knowledge of navigating VMIS myarmyonesource! Learn how to log volunteer hours, update your information and get volunteer credit.

K.2: Military Acronyms & Terms: Learn to communicate by employing military specific language, terms, acronyms and time with Army personnel, DA Civilians, and contractors in a military environment.

G.2: Effective Conflict Management: Learn how to appraise conflict and employ respectful conflict management techniques in personal and professional lives.

G.7: Growing Through Change: Learn to examine change and determine strategies for positively managing change in their personal and professional lives.

L.6: Resolving Conflict: Learn to explore causes and benefits of conflict and will develop approaches to conflict management. Through practical exercises the learner will apply conflict management approaches.

Mobilization & Deployment (Mob/Dep)

FRG Key Contact Training: Familiarize Key Contacts with regulatory guidance, understand the FRG and Key Contact missions, define Key Contact Roles and Responsibilities.

FRG Leaders Course: Define the mission and role of the FRG within the Family Readiness system as well as the responsibilities of all team members. Specify the focus of FRG support (what, when, how, etc) Identify regulations, policies, and instructional guidance on FRG Operations.

Employment Readiness Program (ERP)

Resume Writing: Learn about the differences between Civilian and Federal Resumes, how to write both plus creating Cover Letters.

www.facebook.com/USAGbavariaACS
grafenwoehr.armymwr.com



Family Advocacy Program (FAP)

It takes Two: An interactive 3 day course for married soldiers and their spouses. Couples can learn new ways to communicate and problem solve. Focus on learning skills that are beneficial to your marriage; including, but not limited to, communication, finance management in a marriage, expectations, and fun games.

Espresso Yourself: Meet up with FAP Staff for coffee and discussion on tips for managing a military lifestyle while living overseas.

Resiliency through Stress: Develop resiliency skills for all community members during times of stress.

Screamfree Parenting: The parenting approach that teaches you to raise your kids by keeping your cool. Learn how to better connect with your children and tips for being the calm parent you want to be.

New Parent Support Program (NPSP)

Baby Boot Camp: Join us to obtain more information on prenatal nutrition, newborn care, hospital care in Germany, breastfeeding, and more!

Toddler Playgroup: Connect with other parents while spending time with your child doing age-appropriate activities.

Newborn Network: Parents engage in discussing parenting topics while babies enjoy sensory learning activities.

Infant Massage: Bond with your baby while learning (IAIM) International Association of Infant Massage techniques to help relieve tension, gas and colic through a relaxing infant massage.

Exceptional Family Member Program (EFMP)

Morning Coffee / Afternoon Tea with...: Have an informal sit-down enjoying coffee/tea getting to know staff from different organizations, learn about their programs and get to ask questions!