

# July 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 <b>INDEPENDENCE DAY</b> **ACS IS CLOSED**	5	6 <b>Espresso Yourself</b> , 1000-1100, TB Army Lodging <b>AFTB K Class: Change of Command</b> , 1000-1100, RB Bldg. 221 Rm 206 <b>English as a Second Language</b> , 1100-1300, RB ACS	7
10	11 <b>Morning Coffee with... FRP</b> , 0900-1000, RB Java Café at the Library Bldg. 227 <b>Newborn Network</b> , 1000-1200, RB Bldg. 221 Rm 207 <b>Afternoon Tea with... FRP</b> , 1500-1600, TB Bldg. 244 Rm 128	12 <b>AVC VMIS</b> , 1100-1200, RB Bldg. 221 Rm 206	13 <b>Espresso Yourself</b> , 1000-1100, TB Army Lodging <b>English as a Second Language</b> , 1100-1300, RB ACS <b>FRG Key Contact Training</b> , 1300-1530, RB Bldg. 221	14 <b>Baby Boot Camp</b> , 0900-1630, RB ACS
17	18 <b>FRG Leaders Course</b> , 0900-1630, RB Bldg. 221 <b>Newborn Network</b> , 1000-1200, RB Bldg. 221 Rm 207 <b>Get a Grip</b> , 1130-1300, RB ACS	19 <b>Citizenship/ Immigration Workshop</b> 1000 – 1200, RB ACS <b>AVC OPOC</b> , 1030-1200, RB Bldg. 221 Rm 206 <b>FRG Informal Fund Custodian</b> , 1300-1530, RB Bldg. 221	20 <b>Espresso Yourself</b> , 1000-1100, TB Army Lodging <b>AFTB G Class: Problem Solving Strategies</b> 1000-1115, RB Bldg. 221 Rm 206 <b>English as a Second Language</b> , 1100-1300, RB ACS	21
24	25 <b>ACS BIRTHDAY</b> <b>Newborn Network</b> , 1000-1200, RB Bldg. 221 Rm 207 <b>ACS Birthday</b> , 1000-1400 RB Exchange & TB Exchange <b>AFAP Rally</b> , 1000-1400 RB Exchange & TB Exchange	26 <b>Citizenship/ Immigration Workshop</b> 0900-1100, TB USO <b>German as a Second Language</b> (8 Session Series: 26July-13 Sep), 1100-1300, RB ACS	27 <b>Espresso Yourself</b> , 1000-1100, TB Army Lodging <b>AFTB L Class: Great Meetings</b> , 1000-1115, RB Bldg. 221 Rm 206 <b>English as a Second Language</b> , 1100-1300, RB ACS <b>A Globetrotter's Guide to Germany</b> , 1600-1700, RB ACS <b>Bavarian Nights</b> , 1700-1800, RB ACS	28 <b>Discover your Neighborhood: Amberg</b> Contact ACS for information on times and pick-up locations.
31 <b>Welcome to Bavaria!</b> 1000-1530, RB ACS				

See back of calendar for class descriptions & Special Events!

\*ACS Rose Barracks (RB), BLDG 322:  
M—F 0800-1700  
DSN: 476-2650/CIV: 09662-83-2650



\*ACS Tower Barracks (TB), BLDG 244:  
M—F 0730-1230 & 1330-1630  
DSN: 475-8371/CIV: 09641-83-8371

**Calendar Key:**  
RB=Rose Barracks  
TB=Tower Barracks

*Pre-registration required for all classes! All advertised classes must have pre-registration numbers of at least 5 attendees or the class will be cancelled. Persons signed up for a class that is cancelled will be notified of the cancellation and given options to reschedule.*

## Relocation Readiness (Relo)

**Welcome to Bavaria!:** Newcomers get info about living in Germany, e.g. typical language, customs, holidays, dining out, lifestyle, shopping, and culture.

**Discover Your Neighborhood:** Practice your German language skills on a tour of Amberg or Weiden. Discover historical places to visit, shop & eat. Must first attend Welcome to Bavaria or German as a Second Language. Bring Euros for lunch & shopping. Parents: This trip entails a bus ride and a long day of walking. Please consider your child's safety and temperament. In addition, cobblestone streets are not stroller-friendly. *Contact ACS for times and pick-up info.*

**Bavarian Nights:** 1-hour introduction to Bavaria's unique culture and customs. Interesting facts about Bavarian garments, cuisine, festivities, history and much more.

**A Globetrotter's Guide to Germany:** German Travel Tips including the Train System. Travel with confidence with this transportation and lodging class.

**German as a Second Language (GSL):** Beginner course with an introduction to the German alphabet, numbers, shopping, greetings, etc. *No additional sign-ups after 1st session.*

**English as a Second Language:** English for Foreign-Born Spouses. Build your confidence with improving grammar & conversation skills.

**Citizenship/Immigration Workshop:** Classes provide guidelines and information while answering questions Foreign Born Spouses or their Sponsors might have.

## Mobilization & Deployment (Mob/Dep)

**FRG Informal Fund Custodian Training:** Familiarize Key Contacts with regulatory guidance. Learn the FRG and Key Contact Missions. Define Key Contact Roles and Responsibilities. Identify Resources for Key Contact Smart Books. Practice Communicating with FRG Members.

**FRG Key Contact Training:** Familiarize Key Contacts with regulatory guidance, understand the FRG and Key Contact missions, define Key Contact Roles and Responsibilities.

**FRG Leaders Course:** Define the mission and role of the FRG within the Family Readiness system as well as the responsibilities of all team members. Specify the focus of FRG support (what, when, how, etc) Identify regulations, policies, and instructional guidance on FRG Operations.

[www.facebook.com/USAGbavariaACS](http://www.facebook.com/USAGbavariaACS)  
[grafenwoehr.armymwr.com](mailto:grafenwoehr.armymwr.com)

## Army Family Team Building (AFTB)/ Volunteer Program (AVC) /AFAP

### AFAP RALLY

**25 July | In front of the Rose & Tower Barracks Exchanges**  
Join us in submitting suggestions to improve life for Soldiers and Families across the Army. All issues will be reviewed and those which meet AFAP criteria will be forwarded to the USAG Bavaria command team. Make a difference, voice quality of life concerns and suggestions for remedying these issues. *Submit an AFAP Issue and be entered into our raffle to win a gift card. Winners will be announced in September at the garrison town hall followed by the conference.*

**Organizational Point of Contact (OPOC):** Learn the in's and out's on how to create, update volunteer positions and certify volunteer's hours.

**Volunteer Management Information System (VMIS):** Acquire the knowledge of navigating VMIS [myarmyonesource.com](http://myarmyonesource.com)! Learn how to log volunteer hours, update your information and get volunteer credit.

**AFTB K Class: Change of Command** – Learn to comprehend military structure including rank, chain of command, and basic unit organization to successfully interact within the military community.

**AFTB G Class: Problem Solving Strategies** - Evaluate problem-solving strategies and generate effective solutions in their personal and professional lives.

**AFTB L Class: Great Meetings** - Learn select elements and techniques needed to successfully develop and conduct meetings in personal and professional venues.

## Family Advocacy Program (FAP)

**Get a Grip:** Join us and learn to manage your anger with strategies and skills that help you recognize and control angry feelings.

**Espresso Yourself:** Meet up with FAP Staff for coffee and discussion on tips for managing a military lifestyle while living overseas.

**Car Seat Safety:** Learn correct car seat safety for your children. Make sure your children are using the proper car seats for their age and size. *\*Contact FAP for an appointment.*

**Kick the Pressure:** A stress management seminar for community members who want to learn coping skills for everyday. *\*Contact FAP for an appointment.*

## New Parent Support Program (NPSP)

**Baby Boot Camp:** Join us to obtain more information on prenatal nutrition, newborn care, hospital care in Germany, breastfeeding, and more!

**Newborn Network:** Parents engage in discussing parenting topics while babies enjoy sensory learning activities.

*\*Contact NPSP for a home visit.*

## Exceptional Family Member Program (EFMP)

**Morning Coffee / Afternoon Tea with...:** Have an informal sit-down enjoying coffee/tea getting to know staff from different organizations, learn about their programs and get to ask questions! **This Month:** Financial Readiness Program

### ACS BIRTHDAY

On **25 July 2017**, Army Community Service (ACS) centers around the world celebrate **52** years of assisting Soldiers, Civilians and Families in maintaining readiness, self-reliance and resiliency.



Sign-up for select classes and appointments online at:  
<https://acsbavaria.checkappointments.com/>