

# October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
DOMESTIC VIOLENCE AWARENESS MONTH   NATIONAL CYBER SECURITY AWARENESS MONTH				
<b>2</b> <b>English as a Second Language [Basic]</b> 1100-1300, TB USO B150	<b>3</b>	<b>4</b> <b>AVC VMIS Training</b> , 1000-1100, RB B221 Rm206 <b>Espresso Yourself</b> , 1000-1100, TB Army Lodging <b>German as a Second Language</b> (8 Sessions: OCT4-NOV22), 1100-1300, RB ACS	<b>5</b> <b>English as a Second Language [Basic]</b> , 0900-1100, RB ACS <b>Kidz Play</b> , 1030-1130, RB Chapel Sister B205 Rm105 <b>English as a Second Language [Advanced]</b> 1100-1300, RB ACS	<b>6</b> <b>Espresso Yourself</b> , 0815-0915, RB Kristall Inn
<b>9</b> COLUMBUS DAY *ACS CLOSED*	<b>10</b> <b>Toddler Play Group</b> , 0930-1100, Netzaberg SAC B9010 <b>Newborn Network</b> , 1000-1200, RB B221 Rm207	<b>11</b> <b>Espresso Yourself</b> , 1000-1100, TB Army Lodging	<b>12</b> <b>English as a Second Language [Basic]</b> , 0900-1100, RB ACS <b>Soothe Moves Infant Massage</b> , (Oct 12– Nov 16) 1000-1130, TB Tower View Conference Center <b>Kidz Play</b> , 1030-1130, RB Chapel Sister B205 Rm105 <b>English as a Second Language [Advanced]</b> 1100-1300, RB ACS <b>MRT Class</b> , 1300-1500, RB B221	<b>13</b> <b>Espresso Yourself</b> , 0815-0915, RB Kristall Inn
<b>16</b> <b>English as a Second Language [Basic]</b> 1100-1300, TB USO B150	<b>17</b> <b>Toddler Play Group</b> , 0930-1100, Netzaberg SAC B9010 <b>Newborn Network</b> , 1000-1200, RB B221 Rm207	<b>18</b> <b>German as a Second Language</b> (8 Sessions: OCT18-DEC06), 0830-1030, RB ACS <b>Espresso Yourself</b> , 1000-1100, TB Army Lodging <b>Immigration / Citizenship Workshop</b> , 1000-1200, RB ACS	<b>19</b> <b>Resume Writing</b> , 0900-1030, RB ACS <b>English as a Second Language [Basic]</b> , 0900-1100, RB ACS <b>Kidz Play</b> , 1030-1130, RB Chapel Sister B205 Rm105 <b>English as a Second Language [Advanced]</b> 1100-1300, RB ACS <b>A Globetrotter's Guide to Germany</b> , 1600-1700, RB ACS <b>Bavarian Nights</b> , 1700-1800, RB ACS	<b>20</b> <b>Espresso Yourself</b> , 0815-0915, RB Kristall Inn <b>Baby Boot Camp</b> , 0900-1630 TB Tower View Conference Center B209
<b>23</b> <b>English as a Second Language [Basic]</b> 1100-1300, TB USO B150	<b>24</b> <b>FRG Key Contact Training</b> , 0900-1100, RB B221 Rm206 <b>Toddler Play Group</b> , 0930-1100, Netzaberg SAC B9010 <b>Newborn Network</b> , 1000-1200, RB B221 Rm207	<b>25</b> <b>Immigration / Citizenship Workshop</b> , 0900-1100, TB USO B150 <b>Espresso Yourself</b> , 1000-1100, TB Army Lodging <b>AVC OPOC Training</b> , 1030-1200, RB B221 Rm206	<b>26</b> <b>English as a Second Language [Basic]</b> , 0900-1100, RB ACS <b>Kidz Play</b> , 1030-1130, RB Chapel Sister B205 Rm105 <b>English as a Second Language [Advanced]</b> 1100-1300, RB ACS	<b>27</b> <b>Espresso Yourself</b> , 0815-0915, RB Kristall Inn <b>Discover your Neighborhood: Weiden</b> , Contact ACS for information on times and pick-up locations.
<b>30</b> <b>Welcome to Bavaria!</b> 1000-1500, RB ACS <b>English as a Second Language [Basic]</b> 1100-1300, TB USO B150	<b>31</b> <b>Toddler Play Group</b> , 0930-1100, Netzaberg SAC B9010 <b>Newborn Network</b> , 1000-1200, RB B221 Rm207			

See back of calendar for  
class descriptions  
& Special Events!

\*ACS Rose Barracks (RB), BLDG 322:  
M—F 0730-1200 & 1300-1600  
DSN: 476-2650/CIV: 09662-83-2650



\*ACS Tower Barracks (TB), BLDG 244:  
M—F 0730-1200 & 1300-1600  
DSN: 475-8371/CIV: 09641-83-8371

**Calendar Key:**  
RB=Rose Barracks  
TB=Tower Barracks

**Pre-registration required for all classes!** All advertised classes must have pre-registration numbers of at least 5 attendees or the class will be cancelled. Persons signed up for a class that is cancelled will be notified of the cancellation and given options to reschedule.

## Relocation Readiness (Relo) Army Family Team Building (AFTB)/ Volunteer Program (AVC) / AFAP Family Advocacy Program (FAP)

**Welcome to Bavaria!** Newcomers get info about living in Germany, e.g. typical language, customs, holidays, dining out, lifestyle, shopping, and culture.

**Discover Your Neighborhood:** Practice your German language skills on a tour of Amberg or Weiden. Discover historical places to visit, shop & eat. Bring Euros for lunch & shopping. Parents: This trip entails a bus ride and a long day of walking. Please consider your child's safety and temperament. In addition, cobblestone streets are not stroller-friendly.

*\*Contact ACS for times and pick-up info.*

**Bavarian Nights:** Introduction to Bavaria's unique culture and customs. Interesting facts about Bavarian garments, cuisine, festivities, history and much more.

**A Globetrotter's Guide to Germany:** German Travel Tips including the Train System. Travel with confidence with this transportation and lodging class.

**German as a Second Language (GSL):** Beginner course with an introduction to the German alphabet, numbers, shopping, greetings, etc.  
*No additional sign-ups after 1st session.*

*\*Level 2 offered when available.*

**English as a Second Language (ESL) Basic:** English for Foreign-Born Spouses. Build your confidence with improving grammar & conversation skills.

*\*Advanced Sessions offered when available.*

**Immigration & Citizenship Workshop:** Classes provide guidelines and information while answering questions Foreign Born Spouses or their Sponsors might have.

## Financial Readiness Program (FRP)

The financial readiness program has trained financial advisors that can assist with money management, debt management, savings, retirement etc.. and includes AER (Army Emergency Relief) for emergencies.

*\*Appointments with our advisors available online.*

**Organizational Point of Contact (OPOC):** Create, update volunteer positions and certify volunteer's hours.

**Volunteer Management Information System (VMIS):** Learn the VMIS system on [myarmyonesource.com](http://myarmyonesource.com)!

## Employment Readiness Program (ERP)

**Resume Writing:** Learn about the differences between Civilian and Federal Resumes, how to write both plus creating Cover Letters.

## Mobilization & Deployment (Mob/Dep)

**FRG Key Contact Training:** Understand the FRG and Key Contact missions, define roles and responsibilities.

**MRT Class:** This Month: Goal Setting

# HOHENFELS

**FRG Leader Forum • Oct. 4 • 11:30 a.m.—1:30 p.m.**

**FRG Leaders Course:** Define the mission and role of the FRG within the Family Readiness system as well as the responsibilities of all team members. Specify the focus of FRG support (what, when, how, etc) **Oct. 12 • 9a.m.—4:30 p.m.**

**FRG Informal Fund Custodian Training:** Understand the FRG and Informal Fund Custodian roles and responsibilities, regulatory guidance on authorized use of FRG Informal Funds and use of Smart Books. **Oct. 19 • 9 a.m.—12 p.m.**

**Hallo Hohenfels:** A 4-day Newcomers Orientation event packed with the practical information you need upon arrival including a tour.

**Survival German 101:** This 4-part class will make it easier for you to order food in restaurants, shop, travel, ask for directions and understand German doctors.

**For questions on classes & events at Hohenfels Bldg. 10**  
**Please call DSN: 466-4860 CIV: 09472-83-4860**

**Espresso Yourself:** Meet up with FAP Staff for coffee and discussion on tips for managing a military lifestyle while living overseas.

**Kidz Play:** Parents can bring their kids ages 0-6 to join FAP for story time, arts & craft activities.

## New Parent Support Program (NPSP)

**Baby Boot Camp:** Join us to obtain information on prenatal nutrition, newborn care, hospital care in Germany, breastfeeding, and more!

**Newborn Network:** Parents engage in discussing parenting topics while babies enjoy sensory learning activities.

**Toddler Play Group:** Connect with other parents while spending time with your child doing age-appropriate activities.

**'Soothe Moves' Infant Massage:** (Oct12-Nov16) Bond with your baby while learning IAIM techniques to help relieve tension, gas and colic through a relaxing infant massage.

*\*NPSP Home Visitors available for appointments.*



Sign-up for select classes and appointments online at:  
<https://acsbavaria.checkappointments.com/>



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