

July 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 Lil' Sprouts 1000-1200 RB Community Garden	3 Espresso Yourself 0930-1030, TB Java Café B612 Wiggles & Giggles 1000-1130, Netzaberg Youth Center B9080 Newborn Network 1000-1200, RB B221 RM 207	4 INDEPENDENCE DAY **ACS Closed**	5 Kidz Play 1100-1200, RB B205 RM 105	6 Windshield Tour: Contact ACS for info on times and pick-up locations. Espresso Yourself 0815-0915, RB Java Café @ Library B227
9 Newcomers Orientation 1000-1200, RB ACS Lil' Sprouts 1000-1200 RB Community Garden	10 FRG Leaders Course 0900-1630, RB B221 RM206 Morning Coffee with...Financial Readiness 0900-1000, RB Java Café @ Library B227 Espresso Yourself 0930-1030, TB Java Café B612 Wiggles & Giggles 1000-1130, Netzaberg Youth Center B9080 Newborn Network 1000-1200, RB B221 RM 207 Afternoon Tea with... Financial Readiness 1500-1600, TB B244	11 German as a Second Language [Basic] (8 Sessions: 1 JUL-22AUG) 0830-1030, RB ACS Managing Volunteers (OPOC Training) 1030-1200, RB B221 RM 206 German as a Second Language [Advanced] (8 Sessions: 1 JUL-22AUG) 1100-1300, RB ACS Federal Resume Writing 1400-1600, RB ACS A Globetrotter's Guide to Germany 1700-1800, TB USO B150 German as a Second Language [Basic] (8 Sessions: 1 JUL-22AUG) 1800-2000, TB USO B150	12 Leadership 101 (AFTB) [Part 1] 0900-1630, RB B221 RM 206 Kidz Play 1100-1200, RB B205 RM 105 Anger Management 1330-1530, TB B244 RM219	13 Espresso Yourself 0815-0915, RB Java Café @ Library B227 Leadership 101 (AFTB) [Part 2] 0900-1630 RB B221 RM 206
16 Lil' Sprouts 1000-1200 RB Community Garden	17 Espresso Yourself 0930-1030, TB Java Café B612 Spouse Sponsorship Training 1000-1100, RB ACS B322 Wiggles & Giggles 1000-1130, Netzaberg Youth Center B9080 Newborn Network 1000-1200, RB B221 RM 207	18 GSL 1 [Basic] (Session 2) 0830-1030, RB ACS How to Become a Volunteer (VMIS Training) 1000-1100, RB B221 RM 206 Immigration/Citizenship Workshop 1000-1200, RB ACS GSL 2 [Advanced] (Session 2) 1100-1300, RB ACS Interview Techniques 1400-1530, RB ACS GSL 1 [Basic] (Session 2) 1800-2000, TB USO B150	19 Kidz Play 1100-1200, RB B205 RM 105	20 Espresso Yourself 0815-0915, RB Java Café @ Library B227 Baby Boot Camp 0900-1630 RB ACS B322
23 Newcomers Orientation 1000-1200, TB B244 Lil' Sprouts 1000-1200 RB Community Garden	24 FRG Informal Fund Custodian Training 0900-1200, Camp Normandy B3144 Espresso Yourself 0930-1030, TB Java Café B612 Wiggles & Giggles 1000-1130, Netzaberg Youth Center B9080 Newborn Network 1000-1200, RB B221 RM 207	25 ACS BIRTHDAY GSL 1 [Basic] (Session 3) 0830-1030, RB ACS Immigration/Citizenship Workshop 0900-1100, TB USO B150 Spouse Resiliency Workshop (AFTB) 1100-1200, RB B221 RM206 GSL 2 [Advanced] (Session 3) 1100-1300, RB ACS FAP Lunch time series: Parenting in a Social Media World 1200-1300, TB B244 RM219 GSL 1 [Basic] (Session 3) 1800-2000, TB USO B150 Professional Networking 1400-1600, RB ACS	26 Kidz Play 1100-1200, RB B205 RM 105	27 Historical City Tour: Amberg, Contact ACS for information on times and pick-up locations. Espresso Yourself 0815-0915, RB Java Café @ Library B227
30 Lil' Sprouts 1000-1200 RB Community Garden Welcome to Bavaria! 1000-1500, TB USO B150	31 Espresso Yourself 0930-1030, TB Java Café B612 Wiggles & Giggles 1000-1130, Netzaberg Youth Center B9080 Newborn Network 1000-1200, RB B221 RM 207	<div> <div> ACS Rose Barracks (RB) BLDG 322 M — F 0730 — 1630 DSN: 476-2650 /CIV: 09662-83-2650 </div> <div> ACS Tower Barracks (TB) BLDG 244 M — F 0730 — 1630 DSN: 475-8371 /CIV: 09641-83-8371 </div> </div> <div> acsbavaria.checkappointments.com • Facebook.com/USAGbavariaACS • grafenwoehr.armymwr.com </div>		

Relocation Readiness (Relo)

ArmyFamilyTeamBuilding(AFTB)/ Volunteer Program (AVC) /AFAP

Family Advocacy Program (FAP)

Newcomers Orientation: Join us for an informal Meet & Greet where we can get acquainted and share information about community resources that will support a smooth transition.

Welcome to Bavaria!: Newcomers get info about living in Germany, e.g. typical language, customs, holidays, dining out, lifestyle, shopping, and culture.

Windshield Tour: Newcomers take a tour to find the locations of resources on Tower and Rose Barracks such as the health clinics, schools, library, gym, Self-Help, USO, etc. and learn how to grocery shop in our local community.

***1st Friday of the Month. Pre-Register at least 3 days prior. Contact ACS for times and pick-up info.**

Historical City Tour: Practice your German language skills on a tour of Amberg or Weiden. Discover historical places to visit, shop & eat. Bring Euros for lunch & shopping. Parents: This trip entails a bus ride and a long day of walking. Please consider your child's safety and temperament. In addition, cobblestone streets are not stroller-friendly. ***Pre-Register at least 3 days prior. Contact ACS for times and pick-up info.**

German as a Second Language (GSL1 — Basic): Beginner course with an introduction to the German alphabet, numbers, shopping, greetings, etc.
***No additional sign-ups after 1st session, 8 Sessions long.**

German as a Second Language (GSL2 — Advanced) : Enhance your basic German Language skills, learn conversational skills and practice together.

A Globetrotter's Guide to Germany: German Travel Tips including the Train System. Travel with confidence with this transportation and lodging class.

Immigration & Citizenship Workshop: Classes provide guidelines and information while answering questions Foreign Born Spouses or their Sponsors might have.

Spouse Sponsorship Training: Designed to train spouses living in Bavaria on how to be an effective sponsor for incoming Military and Civilian spouses for a smooth transition.

Taking it to the Streets: Join us for a "Meet-Up" in your neighborhood. Explore Europe starting in your backyard. Get connected and let your European adventure begin.
***Contact ACS for specific dates, times and locations!**

How to Become a Volunteer (VMIS Training): Learn the Volunteer Management Information System (VMIS) on myarmyonesource.com!

Managing Volunteers (OPOC Training): Create, update volunteer positions and certify volunteer's hours as the Organizational Point of Contact (OPOC).

Leadership 101 (AFTB): Learn to thrive in the Army and Civilian life by expanding leadership skills and effective communication techniques. Learn about the different leadership styles, how to run an effective meeting, how to manage group conflict, and how to coach / mentor others.

Spouse Resiliency Workshop (AFTB): Learn to improve your personal relationships, communication, and stress-management skills. Discover how to become resilient, build growth and manage how to solve problems.

Employment Readiness Program (ERP)

Federal Resume Writing: Learn to navigate www.usajobs.gov, the differences between Civilian and Federal Resumes and tips on how to write both for the job you want.

Interview Techniques: Go over the steps of the interview process including the initial contact, phone interviews, in-person interviews and discover winning interview strategies!

Professional Networking: Learn about the importance and benefits of establishing a professional network.

Mobilization & Deployment (Mob/Dep)

FRG Leaders Course: Learn the foundations of building, operating and maintaining a successful Family Readiness Group (FRG).

FRG Key Contact Training: Familiarize yourself with FRG Key Contact guidance. Understand the mission, role and responsibility of being a 'Key Caller.'

FRG Informal Fund Custodian Training: Get prepared for managing FRG Informal Funds. Know the roles, responsibilities and how to find resources.

Exceptional Family Member Program (EFMP)

Morning Coffee / Afternoon Tea with...: Have an informal sit-down getting to know staff from different organizations, learn about their programs and ask questions! **This Month:** Financial Readiness Program

Espresso Yourself: Meet-up with FAP staff for coffee and discussion on tips for managing a military life style while living overseas.

Kidz play: Parents can bring their kids ages 0-6 to join FAP for story time, arts, and craft activities.

Anger Management: Manage your anger with strategies and skills that help you recognize and control angry feelings. ***Pre-registration required**

Stress Management: Learn how stress affects your mental and physical health. Gain insight and tips on how to manage these challenges. ***Pre-registration required**

FAP Lunch time series: Parenting in a Social Media World— a workshop on the challenges of parenting with the prevalence of social media in our every day lives.
***Minimum 3, Maximum of 20**

Domestic Violence Victim Advocates: Provides Victims of domestic violence information, support, and access to helpful services while maintaining a level of confidentiality.
Hotline: 01622-96-0661

New Parent Support Program (NPSP)

Baby Boot Camp: Join us to obtain information on prenatal nutrition, newborn care, hospital care in Germany, breastfeeding, and more!

Newborn Network: Parents engage in discussing parenting topics while babies enjoy sensory learning activities.

Wiggles & Giggles: Connect with other parents while spending time with your child doing age-appropriate activities.

Lil' Sprouts: Come with your little ones to embrace nature in a weekly hands-on outdoor experience. Get rooted in gardening, healthy food, and explore through play with the New Parent Support Program.

***NPSP Home Visitors available for appointments and Parenting classes are available upon request.**

Financial Readiness Program (FRP)

Provides comprehensive educational and counseling programs in personal financial readiness. The program covers indebtedness, consumer advocacy and protection, money management, credit, financial planning, insurance and consumer issues.

- Army Emergency Relief (AER)
- Survivor Outreach Services



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