

**ADMINISTRATIVE AND OPERATIONAL PROCEDURES FOR CONDUCTING
5K SHARP BUDDY RUN
19 April 2019**

1. **REFERENCES:**
 - a. AR 215-1, Non-appropriated Fund Instrumentalities and, Morale, Welfare and Recreation Activities, 31 July 2007.
 - b. Army in Europe Regulation 215-1-8, Conducting Europe Region Sports and League Championships, 27 July 2005.
 - c. DA PAM 385-5, Fundamentals of Safety in Army Sports & Recreation, 15 November 1981.
2. **WHAT:** USAG Bavaria F&MWR/2CR SHARP 5K Buddy Run
3. **WHEN:** 19 April 2019,
4. **WHERE:** Rose Barracks, AAFES Theater/Parking lot, Bldg. 354
5. **ENTRIES:** Each community is authorized an unlimited number of participants.
6. **CATEGORIES:**
 - a. Mixed Gender Buddy Team
 - b. Male Buddy Team
 - c. Female Buddy TeamTeam must start and finish together for their time to count.
7. **ELIGIBILITY:**
 - a. Competitors must consist of Active Duty Soldiers, Family Members, DoD Civilians and military Retirees within USAG Bavaria.
8. **REGISTRATION:**
 - a. Registration – Starts 11 March 2019
 - b. Register at the Jesse L. Williams Fitness Center, B323, Rose Barracks or at Tower Barracks Physical Fitness Center, B170.

c. Online registration: Download form from USAG Bavaria MWR webpage. www.grafenwoehr.armymwr.com
Complete registration form and send via email to;
usarmy.bavaria.id-europe.list.fitness-programs@mail.mil

d. Registration will close, 12 April 2019.

e. Day of event registration – 0600 – 0630 hours.
(USAG Bavaria community members can participate in the 5K Buddy Run; however will not compete for awards and will be asked to line up behind the team competitors.

9. **RUNNERS MEETING:**

19 April 2019, 0635 hours. A mandatory runner safety briefing will be conducted. All administrative procedures will be discussed.

10. **OPENING REMARKS:**

19 April 2019, 0640 hours

11. **START TIME:**

19 April 2019, 0645 hours

12. **AWARD CEREMONY:**

19 April 2019, 0745 hours

13. **AWARDS:**

1st & 2nd place trophies will be presented for each category.

- a. Mixed Gender Buddy Team
- b. Male Buddy Team
- c. Female Buddy Team

14. **EVENT COORDINATORS:**

Mr. Carl S. Boothe, Supervisory Sports Specialist,
Rose Barracks, DSN: 476-2214.

SFC Rogers, Kristel D., SHARP Victim Advocate
2nd Cavalry Regiment, Rose Barracks, DSN: 476-5917

15. **POINT OF CONTACT:**

Family and MWR Sports Staff, Jesse L. Williams Fitness
Center, Rose Barracks, Bldg. 323, DSN: 476-2298.

SERGE KEARSE
Chief, Sports & Fitness Operation Branch
Family and MWR, USAG Bavaria