

# NOVEMBER 2024 CALENDAR

# FITNESS PROGRAM

ROSE BARRACKS

DON'T WAIT  
 IN LINE...

**REGISTER  
 ONLINE!**

**SCAN ME**



& GET YOUR  
 TICKETS TODAY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			<b>SPIN</b> 12:15 - 12:45 P.M.  b. 2ND FLOOR		1	2	
3	4	5	<b>SPIN</b> 12:15 - 12:45 P.M.	6	7	8	
9	10	11	12	13	14	15	
	<b>US            HOLIDAY</b>		<b>SPIN</b> 12:15 - 12:45 P.M.			16	
17	18	19	<b>SPIN</b> 12:15 - 12:45 P.M.	20	21	22	
						<b>TURKEY TROT</b> 0730 -10:30 A.M. RB FLD B.1108	
23	24	25	26	<b>SPIN</b> 12:15 - 12:45 P.M.	27	28	29
					<b>US            HOLIDAY</b>	<b>TRAINING            HOLIDAY</b>	30

MORE INFORMATION AT [GRAFENWOEHR.ARMYMWR.COM](http://GRAFENWOEHR.ARMYMWR.COM)