

SEPTEMBER 2019 TOWER BARRACKS & ROSE BARRACKS

NEWSLETTER

U.S. ARMY
MWR
USAG BAVARIA

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This newsletter features highlights of Family and MWR programs, classes and services. Visit grafenwoehr.armymwr.com for all programs and events offered.

HUNTING, FISHING & SPORT SHOOTING (HFS)

Interested in **SPORT SHOOTING** and want to give it a try? We have ranges (Range 116) to test your abilities to include a Trap & Skeet Range and a Rifle/Pistol Range. Both ranges have weapons available for rent. No weapon license is required to utilize the Trap & Skeet or Range 116. Archery is also available at Range 116. Opening hours for the ranges vary, please refer to the schedule below or contact the Wild B.O.A.R. Outdoor Recreation for more information.

RANGE SCHEDULE FOR SEPTEMBER:

FRIDAYS: Range 116 only, 2-6 p.m.

SATURDAYS: Range 116, 10 a.m. - 6 p.m.
Trap & Skeet closed

SUNDAYS: Trap & Skeet, 10 a.m. - 6 p.m.
Range 116 closed

WARRIOR ADVENTURE QUEST (WAQ)

September 3-5

WAQ is designed to re-create the adrenaline rush of combat action in a supervised, controlled, high adventure activity. The program instills cohesion, builds teamwork, maintains combat readiness and is offered at no cost to units. Interested units need to contact the Wild B.O.A.R. Outdoor Recreation for more information.

FISHING COURSE

September 13-15

This 3-day course qualifies you for a German Fishing License. In this course you learn about German fishing law, hydrology, equipment, general Ichthyology, specialized Ichthyology and diseases. It also includes 1 year IMCOM HFSS Membership. Class starts on Friday, September 13 at 6 p.m. at the Wild B.O.A.R.

AUDITIONS: SCHOOL HOUSE ROCK LIVE JR.

September 10 & 11, 5:30-7:30 p.m.

Grafenwoehr Performing Arts Center
B103 Tower Barracks

Auditions take place at the Grafenwoehr Performing Arts Center for ages 7-18. Rehearsals begin September 17. Kids 10-18 years of age, who wish to learn more about the technical aspects of the theatre are invited to sign up for Schoolhouse Rock Live Jr. Tech Crew. Contact us for all the details.

MONTHLY FAMILY MOVIES WITH EFMP

September 12, 2:30 p.m.

Library, B445 Tower Barracks

Enjoy a free movie with friends and family. September movie is "Madagascar." Bring a snack and join the fun. All community members welcome.

FITNESS DAY

September 14, 8 a.m. - 1 p.m.

Physical Fitness Center, B170 Tower Barracks
Fitness Day is designed to show our military community members the Wellness and Fitness programs we offer for a healthy lifestyle. Attendees can try different fitness classes, meet instructors and check out wellness services for free. Services: Massage Demos plus Health, Wellness and Nutrition information. Fitness Classes: Body Pump, Functional Fitness, Yoga, MixedFit, Zumba, Indoor Cycling, Pilates and more! Participate in an activity/service on this day and receive a 10% discount on your next purchase at either the Tower Barracks or Jesse L. Williams Fitness Centers. Door prizes for attendees to include a grand prize BMW mountain bike! Childcare available on-site, please pre-register with CYS Parent Central Services.

OCTOBERFEST KARAOKE

September 27, 8 p.m.

The Zone Sports Bar, B607 Rose Barracks

Join us for music and fun! DJ MCM is playing the hottest music! Sing your heart out, dance and hang out with your friends!

YOGA INSTRUCTOR COURSE

September 21 - January 26

Become certified to teach Yoga and Meditation. Transform your life through ancient practices and share healing art with others. Course takes place at the Wild B.O.A.R. Outdoor Recreation. MyCAA scholarships and payment plans available.

CROWN JEWEL BAZAAR

OCTOBER 4-6, B134 ROSE BARRACKS
Shop 'til you drop. More to come soon!

CLOSED BID VEHICLE AUCTIONS AT AUTOMOTIVE SKILLS CENTERS

Bid sheets and bid boxes located at vehicle auction. Auction guidelines and car listing available at grafenwoehr.armymwr.com. Auction is open to ID card holders.

B711 Rose Barracks:

Exterior Viewing dates are September 5-12, internal inspection on September 7, 11 a.m. - 1 p.m.

B528 Tower Barracks:

Exterior Viewing dates are September 5-12, internal inspection on September 8, 11 a.m. - 1 p.m.

Contact Family and MWR Services at DSN 526-9065, CIV 09641-70-526-9065 for details.

SUICIDE PREVENTION WRITING CONTEST

September 1-20

The Army Substance Abuse Program and USAG Bavaria Libraries present an opportunity for community members to share their writing talents in support of Suicide Prevention Month. To participate, submit 500-750 words on the theme of "What helps me cope through life's difficult moments." A panel of community members will read the essays and choose three top entries to be shared by AFN Bavaria. The creator of the top piece will receive a prize package including a tablet bag and travel coffee mug. Submissions should be sent to the library's email: usarmy.grafenwoehr.library@mail.mil by close of business on Friday, September 20.

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FALL BOWLING LEAGUE

Starting September 5, 6 p.m.

B2201, Rose Barracks Bowling Center

Join the Fall League! Participants receive 15% off Pro Shop purchases during September and 50/50 cards available throughout League.

BOWLING CENTERS

The Bowling Centers on Tower and Rose Barracks offer fun and entertainment paired with affordable prices and great socializing opportunities:

FAMILY DAY BOWLING: Sundays, 2-8 p.m.

B612, Tower Barracks

ALL YOU CAN BOWL: Sundays, 2-9 p.m.

B2201, Rose Barracks

LADIES NIGHT: Wednesdays, 6-9 p.m.

B2201, Rose Barracks

WILD B.O.A.R. OUTDOOR RECREATION

RC600 Tank Road, Tower Barracks

SEPTEMBER TRIPS & ADVENTURES

Tuesdays & Thursdays: Late Night Climbing

1 Prague, Czech Republic*

6 Night Fishing at Dickhäuter

7 Berlin

8 Two Castles

8 Outdoor Climbing

9 Belay Class

9 Evening Bike Ride

10 Sunset SUP

12 YOGA SUP

14 Black Forest

15 Pilsen, Czech Republic*

15 Klettersteig

16 Evening Hike

20-22 Paris, France Express*

21 OKTOBERFEST

21 Walk On Paintball

22 Caving Day Trip

23 Belay Class

23 Evening Bike

24 Sunset SUP

26 YOGA SUP

28 OKTOBERFEST

29 Final Ropes Course of the Season

29 Zurich, Switzerland*

30 Evening Hike

*Passport required

HAVE YOU TRIED FLATBREAD PIZZAS?

Only on Fridays!

LC Diner, B227 Rose Barracks

Veggie, Buffalo Chicken, Pulled Pork or BBQ Chicken.

Also available are tasty breakfast flatbreads!

GRAFENWOEHR PERFORMING ARTS CENTER (GPAC)

B103 Tower Barracks

Try a taste of theater, play fantasy/SciFi board games, get behind the mic or be introduced to behind-the-scenes technical jobs - all can be explored at the GPAC starting at 7 p.m.

FANTASY/SCI FI GAME NIGHT: September 6

MYSTERY FRIDAYS: September 13

UNDERGROUND CINEMA CLUB: September 16

TECH TUESDAY: September 24

OPEN MIC NIGHT: September 27

CITIZENSHIP & IMMIGRATION WORKSHOP

Tuesdays, 2-3:30 p.m., B245, Room 117

Army Community Service (ACS), B322 Rose Barracks

Are you interested in acquiring a VISA to enter the U.S. or learning about the process for applying for U.S. citizenship? This class provides guidelines and information while answering questions interested foreign-born spouses might have. Must pre-register by one day prior to class.

NEWCOMERS ORIENTATION

September 9, 10 a.m. - noon, B322 Rose Barracks

September 16, 10 a.m. - noon, B244 Tower Barracks

Army Community Service (ACS), B322 Rose Barracks

New community - new home - new neighborhood?

Join us for an informal Meet & Greet where we can get acquainted and share information about community resources.

STORY TIME BEGINS

September 11, 10 a.m., B445 Tower Barracks

September 19, 10 a.m., B227 Rose Barracks

The long wait is over - we are back from our summer break to share stories, sing songs and do other fun activities together. Story Time is designed for pre-schoolers and their caregivers. Meet Wednesdays for a school year of learning and fun.

SKIESUNLIMITED

September 1-25: Open Registration for October classes

This program provides *unlimited* possibilities for Children and Youth. Classes include gymnastics, Dance, basketball, karate, music and others. For more information contact Parent Central Services B224 on Rose Barracks.

EXPRESS YOUR INNER ARTIST

Bavaria Arts & Crafts Center

B607 Tower Barracks

We have general art & craft supplies as well as opportunities to socialize. Below are some of the classes we're offering:

EVENING STITCHES:

September 4 & 18, 6-8 p.m.

ART UFO NIGHT:

September 6 & 20, 4-8 p.m.

MAKING STAINED GLASS:

September 10 & 23, 5-9 p.m.

DIGITAL PHOTOGRAPHY:

September 12 & 26, 6-9 p.m.

SKETCHBOOK/STUDIO:

September 14, 10 a.m. - 1 p.m.

ZINE MAKING WORKSHOP:

September 19, 6-9 p.m.

TRIP TO COMIC CON BERLIN:

September 28

You can also get your Framing, Engraving and Embroidery done at the center!

Stop by and see for yourself.