NOVEMBER 2019 TOWER BARRACKS & ROSE BARRACKS

NEWSLETTER

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This newsletter features highlights of Family and MWR programs, classes and services. Visit grafenwoehr.armymwr.com for all programs and events offered.

BRUSHES & BREWS

November 1, 15 & 29, 6-9 p.m.

Bavaria Arts & Crafts Center, B607 Tower Barracks Come in and learn to paint like the old masters. Follow the example provided while you and your friends enjoy an alcoholic beverage. Please register in advance. Non-alcoholic drinks are available. Couples, singles or groups are welcome. 12 participants max. Cost: \$25. Please drink responsibly!

SCHOOL HOUSE ROCK LIVE JR.

November 2, 8 & 9, 7:30 p.m. November 3 & 10, 2:30 p.m.

Grafenwoehr Performing Arts Center, B103 Tower Barracks

Join us for performances of School House Rock Live! This popular musical will be performed by community members. Ticket: Adults - \$10; Students - \$5; Kids under 3 - FREE

CAREER & VOLUNTEER FAIR

November 7, 10 a.m. - 1:30 p.m.

Tower View Conference Center, B209 Tower Barracks Looking for a job? Maybe a volunteering opportunity? Join Army Community Serives (ACS) and explore career and volunteer opportunities, receive education and training information and learn about additional services and resources available.

KARAOKE NIGHTS

November 8 & 22, 8 p.m.

The Zone Sports Bar, B607 Rose Barracks Enjoy some fun at the Zone Sports Bar! DJ MCM will be playing the hottest music! Sing your heart out, dance and hang out with friends.

BABY BOOT CAMP

November 15, 9:30 a.m. - 4:30 p.m.

Army Community Service, B244, Rm 219 Tower Barracks Join us for information on prenatal nutrition, newborn care, hospital care in Germany, breastfeeding and more. Pre-registration required.

A FAMILY'S GUIDE TO MINDFUL LIVING November 18, 8-11:30 a.m.

Army Community Service, B322 Rose Barracks
This two-part program with in class guidance and
optional home visit is designed to help your family get
organized, reduce stress and promote healthy living.
For more information and to register, please contact
the Family Advocacy Program.

MONTHLY FAMILY MOVIES WITH EFMP November 21, 2:30 p.m.

Library, B445 Tower Barracks
Enjoy a free movie with friends and family. November
movie is "A.C.O.R.N.S. OPERATION CRACKDOWN."
Bring a snack and join the fun. All community
members welcome.

INTERNATIONAL SPOUSES MEET & GREET: HOLIDAY EDITION

November 21, 5 p.m.

ACS, B322 Rose Barracks

Join us for a potluck. Share your favorite traditional holiday dish and meet other foreign-born spouses. Bring your family and friends!

TURKEY TROT 5K FUN RUN/WALK

November 23, run starts 9 a.m. Little Mike Softball Field, Rose Barracks Run the race before you stuff your face! Join us for 5K Fun Run/Walk before Thanksgiving! Family and pet friendly too! On-site registration: 7:30 a.m.; Runners Meeting: 8:45 a.m.; Start Time: 9 a.m.; Award Ceremony: 10 a.m.

EFFECTIVE COMMUNICATION November 27, 1-3 p.m.

Army Community Service, B322 Rose Barracks Learn skills that can be used across all relationships and create confidence while communicating with others, developing assertiveness skills and expressing thoughts and emotions clearly.

WINTERIZE YOUR CAR

The Automotive Skills Centers have tools, equipment and the skilled staff needed to assist you with preparing your vehicle for winter weather conditions! Visit the Automotive Skills Center on Tower Barracks B528 or on Rose Barracks B711 and get your vehicle ready for the cold weather.

U.S. ARMY

CHRISTMAS MARKET TRIPS

Explore some of the nearby Christmas markets with us! The markets offer traditional and unique Christmas gifts and delicious holiday treats like the famous Nürnberger Lebkuchen (gingerbread) and Glühwein. Rothenburg: November 30 Leipzig: December 7 Prague*: December 8 Munich: December 14 Bamberg: December 15 Dresden: December 21 Rothenburg: December 22 For more information and to sign up contact Wild B.O.A.R. Outdoor Recreation.

HOLIDAY TREE LIGHTING CEREMONIES

December 3, 5 p.m.
Parade Field, Tower Barracks
December 5, 5 p.m.
Exchange Parking Lot, Rose Barracks

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WILD B.O.A.R. OUTDOOR RECREATION

RC600 Tank Road. Tower Barracks Get ready for the Snow! We offer Ski and Snowboard maintenance and seasonal Equipment Rentals!

NOVEMBER

Tuesdays & Thursdays: Late Night Climbing

- Munich
- 3 Praque*
- Belay Class
- Berlin
- 10 Two Castle Tour
- Garmisch
- Therme Erding Galaxy 17
- Belay Class 18
- Dresden
- 24 Pilsen*
- Belay Class

Nov. 28-Dec. 1 Ski/Snowboard Trip to Stubai*

30 Rothenburg

*Passport required

HUNTING, FISHING & SPORT SHOOTING

Interested in **SPORT SHOOTING?** We have ranges (Range 116) to test your abilities to include a Trap & Skeet Range and a Rifle/Pistol Range. Both ranges have weapons available for rent. No weapon license is required to utilize the Trap & Skeet or Range 116. Archery is also available at Range 116. Opening hours for the ranges vary, please refer to the schedule below or contact Wild B.O.A.R. Outdoor Recreation.

RANGE SCHEDULE FOR NOVEMBER

1.17 & 24 Ranges Closed 2 Range 116 only, 9 a.m. - 4 p.m. 3 & 10 Ranges Open, 9 a.m. - 4 p.m. Range 116 only, 9 a.m. - 4 p.m. 9, 16, 23 & 30 Ranges Open, 9 a.m. - 4 p.m. Range 116 only, noon - 4 p.m. 15 & 22 29 Trap & Skeet only, 9 a.m. - 4 p.m.

FISHING CLASS

November 15-17

Do you love to Fish? Fishing in Germany requires a Fishing License. This course will walk you through the process.

YOUTH WINTER SPORTS REGISTRATION Until November 15

The following Sports are offered:

Basketball (ages 3 and up)

Wrestling (ages 5 and up)

Cheerleading (ages 3 and up)

Season starts December and January. Contact Parent Central Services in B224 on Rose Barracks for details and to register.

STORY TIME AT THE LIBRARY Wednesdays, 10 a.m., B445 Tower Barracks

Thursdays, 10 a.m., B227 Rose Barracks

Join us each week as we sing songs, read stories and do other fun activities together at Story Time. Designed for pre-schoolers and their caregivers - come join us!

CREATIVE WRITING GROUP

Wednesdays, 5-6 p.m.

Library, B227 Rose Barracks

Have you been looking for an outlet for your creative ideas? Do you have the perfect plot for the great American novel, but you need someone to bounce your ideas off of? Do you want to meet other community members who love to write? Then join the Creative Writing Group!

CITIZENSHIP & IMMIGRATION WORKSHOP Thursdays, 2-3:30 p.m.

B245. Room 117 Rose Barracks

Are you interested in acquiring a VISA to enter the U.S. or learning about the process for applying for U.S. citizenship? This class provides guidelines and information while answering questions interested foreign-born spouses might have. Must pre-register with Army Community Serive (ACS) prior to class.



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THANKSGIVING COLORING SHEET CONTEST FOR ALL AGES

November 1-30

Libraries, Tower Barracks and Rose Barracks Do you love coloring? Do crayons and markers make your day? Is Thanksgiving one of your favorite holidays? Do you gobble, gobble, gobble when you see a turkey? The libraries have something just for you! Stop by and pick up your coloring sheet.

BOWLING CENTERS

The Bowling Centers on Tower Barracks and Rose Barracks offer fun and entertainment paired with affordable prices and great socializing opportunities.

I C DINFR WFFKLY SPECIALS

LC Diner, B227 Rose Barracks Breakfast: 7-10:30 a.m. Lunch: 11 a.m. - 1:30 p.m.

WAFFLE WEDNESDAYS

Join us for breakfast waffles in the mornings and chicken & waffles for lunch!

FLATBREAD PIZZA FRIDAYS Tasty breakfast and lunch flatbreads!

FXPRESS YOUR INNER ARTIST

Bayaria Arts & Crafts Center **B607** Tower Barracks

We have general art & craft supplies as well as opportunities to socialize, for example: Ceramics, Stained Glass and Cosplay Construction. You can also get your Framing done at the center!

Sponsored by: No DOD, Army or Federal endorsement implied.











