

ROSE BARRACKS FITNESS CLASSES

U.S. ARMY
MWR
USAG BAVARIA

NOVEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	5:30 MixxedFit (Somon)	3 5:30pm Functional Fitness - Alejandra 6:00pm Zumba (Mari)	4	5	6	7
8						
9	10 Training Holiday	11 Federal Holiday	12	13	14	15
16	17 5:30 MixxedFit (Somon)	18 5:30pm Functional Fitness - Alejandra 6:00pm Zumba (Mari)	19	20	21	22
						USAG Bavaria 5K Turkey Trot
23/30	24 5:30 MixxedFit (Somon)	25 6:00pm Zumba (Mari)	26	27 Federal Holiday	28 Training Holiday	28



SCAN FOR MORE INFORMATION & TICKETS VISIT:
GRAFENWOEHR.ARMYMWR.COM/FITNESS