

**OPERATIONAL AND ADMINISTRATIVE PROCEDURES FOR
USAG BAVARIA 5KM SHARP BUDDY RUN
IN PERSON OR VIRTUAL
23 - 25 APRIL 2021**

**“Building Cohesive Teams through Character, Trust & Resilience.
Protecting Our People Protects Our Mission.”**

IMBA-MWR

19 March 2021

MEMORANDUM OF INSTRUCTION (MOI)

SUBJECT: USAG BAVARIA 5KM SHARP Buddy Run

1. **REFERENCES:**
 - a. AR 215-1, Nonappropriated Fund Instrumentalities and, Morale, Welfare and Recreation Activities. 24 Sep 10
 - b. DA PAM 385-5, 15 Nov 81, Fundamentals of Safety in Army Sports & Recreation.
 - c. AE 215-1, Family and Morale, Welfare and Recreation Programs in Europe. 17 Jun 2019
2. **WHAT:** USAG BAVARIA 5KM SHARP Buddy Run.
In person or Virtual
(This is a 2-person team Buddy Run)
3. **WHEN:** 23 April 2021 (In-Person)
23- 25 April 2021 (Virtual)
4. **WHERE:** Grafenwoehr - Tower Barracks - B170 1-Mile Track
Vilseck - Rose Barracks – B354 AAFES Theater
Hohenfels – B88 Post Gym Fitness Center
Garmisch - Artillery Kaserne running course
5. **ENTRIES:**
 - a. USAG Bavaria Community members only!
 - b. In-Person – Limited to 15 Buddy Teams (30 Runners)
Note: *Minimum requirement for the in person run to take place is 5 Teams (10 Runners)*
 - c. Virtual - Unlimited number of Buddy Teams runners
6. **ELIGIBILITY:** U.S. ID card holders only. Active Duty Soldiers, DoD Civilians and Family members 18 years and older and out of high school.
7. **REGISTRATION:** Online: ends 22 April 2021 @ 1700 hours. Once registered you and your BUDDY should receive a confirmation email that will provide information on requirements you need to follow to conduct and/or record your run time/distance. To download the registration form go to: grafenwoehr.armymwr.com and email it to usarmy.bavaria.id-europe.list.fitness-programs@mail.mil

8. START TIME:

a. In-Person - 23 April 2021.
0630 - 0730 Tower Barracks - B170 1-Mile Track
0630 - 0730 Rose Barracks - B354 AAFES Theater
0630 - 0730 Hohenfels – B88 Post Gym Fitness Center
0930 - 1030 Garmisch - Artillery Kaserne running course

COVID-19 Mitigations

- All Participants and supporting staff will wear masks at all times.
- Buddy Teams are required to run together and finish together.
- Announcements made to reinforce wear of facemasks and social distancing.
- Staggered start with 2 Teams (4 individuals) starting 1 minute apart in attempt to spread out the field of runners to attempt social distancing at all times.
- No spectators and once runners finish should depart the area to avoid individuals congregating in groups.
- Runners are required to bring their own water

b. Virtual - 23 -25 April 2021

Buddy Teams are required to run together and finish together. Participants must submit their results, from a mobile app, you and your buddy must provide a screen shot of their information which must include: your names, distance ran in kilometers, with the overall time ran and submit results via email to usarmy.bavaria.id-europe.list.fitness-programs@mail.mil NLT 1700 hours on the final day of the event (25 April 2021)

9. RUN BIBS:

After registration participants may pick up Run Bibs at their local fitness center. In person runners will be issued Run Bibs the morning of the run.

- 10. POINTS OF CONTACTS:** Grafenwoehr, Tower Barracks Physical Fitness Center, B170
DSN: 475-9024, CIV: 09641-83-9024

Vilseck, Rose Barracks Jesse L. William Fitness Center, B323
DSN: 476-2538, CIV: 09662-83-2538

Hohenfels, Post Fitness Center, B88
DSN: 467-2493, CIV: 09472-83-2493

Garmisch, Mueller Fitness Center, B119
DSN: 440-2747, CIV: 08821-75-2747