ADMINISTRATIVE AND OPERATIONAL PROCEDURES FOR THE CONDUCT OF USAG BAVARIA ST. PATRICKS DAY BOXING INVITATIONAL

Rose Barracks 21 March 2020

1. <u>REFERENCES:</u>	a. AR 215-1, 24 Sep 10, Non-appropriated Fund Instrumentalities and Morale, Welfare and Recreation Activities.
	b. Army in Europe (AE) Regulation 215-1-8, 6 Jul 12, Conducting Europe Region Sports & League Championships.
	c. Current USA Boxing Official Rules.
2. <u>WHAT:</u>	United States Army Garrison Bavaria Boxing Clinic and Invitational Event.
3. <u>WHEN:</u>	Boxing Event – 21 March 2020, 1800 hours.
4. <u>WHERE:</u>	Memorial Fitness Center, Rose Barracks, Bldg. 616 USAG Bavaria, Vilseck.
5. OPENING CEREMONY:	Sat, 21 March 2020, 1745 hours, MFC, Bldg. 616. All boxers/coaches are required to participate in Opening Ceremonies.
6. ENTRIES:	Garrisons/Bases are authorized an unlimited number of entries.
7. <u>REGISTRATION</u> :	Pre-registration is required, Individuals and Teams must pre-register NLT 1 March 2020 by submitting their

registration form to the following email;

usarmy.bavaria.id-europe.list.fitness-programs@mail.mil

8. CANCELLATION

A minimum of twenty (20) Boxers is required for the event to be conducted. If twenty (20) Boxers are not preregistered prior to 1 March 2020 the event will be cancelled.

9. ELIGIBILITY:

- a. This competition is open to US Active Duty/Active Reserve Military members Only.
- b. Each military member must be assigned or attached on official orders to the Base/Garrison/Unit they represent.

10. CATAGORIES:

- a. Competition will be limited to NOVICE and OPEN Boxers, based upon individual boxing records and weight divisions.
- b. Competition is open to both Male and Female Boxers.

11. WEIGHT DIVISIONS:

- a. FEMALE: 106lbs, 112lbs, 119lbs, 125lbs, 132lbs, 141lbs, 152lbs, 165lbs, 178lbs, 178+lbs.
- b. MALE: 108lbs, 114lbs, 123lbs, 132lbs, 141lbs, 152lbs, 165lbs, 178lbs, 201lbs, 201+lbs.

12. PHYSICALS/WEIGH-INS:

- a. Medical physicals and Weigh-ins will be conducted Sat, 21 March 2020, MFC, Bldg. 616, 0900-1200 day of the competition. Weigh-ins and medical exams are mandatory, and IAW with USA Boxing and USAREUR Reg. 215-1. Failure to complete weigh-ins and physicals will result in **NO COMPETITION!**
- b. USA Boxing Technical Rule 5.1.3.1. Boxers who wish to compete with braces are required to have a completed Release to Compete with Braces form. This form requires the written approval of their dentist, parents and/or guardian (if under 18 years of age) and a dentist-molded mouthpiece.

13. <u>COACHES/ BOXER</u> <u>MEETING</u>

All Coaches/Boxers must be present for the mandatory safety briefing on Sat, 21 March 2020, @ 1600 hours at Memorial Fitness Center, Bldg. 616, Rose Barracks.

14. FORMAT:

- a. Duration of Rounds:
 - 1. **NOVICE** Female and Male Novice boxers will box three (3) 90 seconds rounds with a one-minute rest period between rounds.
 - 2. **OPEN** Female and Male Open Boxers will box three (3), two (2) minute rounds and with a one (1) minute rest period between rounds.
- b. Quotas will NOT be set on the number of entrants a Base/Garrison/Unit may submit; however, the final selection of who will be competing lies solely on the discretion of the Tournament Director(s) and the Rules of USA Boxing.
- c. Pairing requirements /factors:
- (1) Age (Boxers 35 years and older are entered into the Masters Division).
- (2) Record (11 bouts and greater, Boxer is considered to be Open, 10 bouts and less, Boxer is considered to be Novice). Boxers will be paired accordingly.
- d. Boxers are authorized to have two coaches in their respective corner.

15. **EQUIPMENT:**

a. The host site will provide certified equipment; gloves, groin protectors, breast protectors, head gear and hand wraps, etc.

b. Mouthpiece -

- 1. A mouthpiece must be worn for boxers to compete. Boxers are responsible for their form fitted mouthpiece and we highly recommend that you visit your local dentist and get a molded form fitted mouthpiece.
- 2. No red, shades of red, or partially red-colored mouthpieces may be worn.
- 3. Boxers who wish to compete with braces are required to complete a Release to Compete with Braces form. This

form requires a written approval from the competitor dentist and a dentist-molded mouthpiece. This includes upper and/or lower braces.

d. Competition Uniform -

- 1. Boxers must wear a sleeveless athletic shirt (singlet or jersey), of a different color from the waistband of the trunks.
- 2. Boxers must wear a pair of loose-fitting trunks that reach halfway down the thigh, no lower than the knees. The trunks must provide a waistband of a different color than the athletic shirt.
- 3. Boxers must box in lightweight boots or shoes (without spikes or heels), socks (not to be worn higher than knee length).

16. AWARDS:

- a. First and second place individual awards for each bout. (Individual awards will be presented upon the conclusion of each bout on Sat, 21 March 2020.
- b. First, second and third place team awards. (Team awards will be presented at conclusion of the event).
- c. Best Overall Male & Female Boxer (Best overall award will be presented at conclusion of the event).

17. TRANSPORTATION:

It is the responsibility of each respective community of participants to provide transportation to and from this event.

18. BILLETING:

FREE Open Bay Troop Billeting is available for competitors only! Participants wishing to use this service must bring their own sleeping mats, sleeping bags, etc. This free service is on a first come, first serve basis. Email: usarmy.grafenwoehr.imcom-fmwrc.list.sports-and-fitness@mail.mil

Pay Billeting USAG BAVARIA ARMY LODGING Tower Barracks, Grafenwoehr Main Post Lodging DSN: 475-1700 or CIV: 09641-93640 or 476-1700 or CIV 09661-83-1700. **19. OFFICIALS:** The USAG Bavaria Sports Office will select qualified

Referees/Judges/Timers, etc. to officiate this competition.

20. **MEDICAL SUPPORT**: Host site is providing on site medical support to assist in

physical exams to include the care, treatment and evacuation of any injured/sick participants and/or spectators. Additionally, two medical doctors and two medics with an ambulance will be on site during the

competition.

21. TOURNAMENT Chief, Sports & Fitness Branch

DIRECTOR: USAG Bavaria, DSN 475-8207 or CIV 09641-83-8207

email: usarmy.grafenwoehr.imcom-fmwrc.list.sports-and-

fitness@mail.mil

22. HOST SITE Sports & Fitness Manager,

COORDINATOR: Rose Barracks, USAG Bavaria, DSN 476-2214 or CIV

09662-83-2214 email is Carl.s.boothe.naf@mail.mil