

# FEBRUARY 2020



## MONTHLY HIGHLIGHT: TEEN DATING VIOLENCE AWARENESS MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3 ESL (Basic/Advanced)</b> 9-10:30 a.m. RB, Bldg. 221, Rm. 206 <b>Newcomers Orientation</b> 10 a.m.-12 p.m. RB ACS, Bldg. 322</p> <p><i>Wear Red for Heart Month</i></p>	<p><b>4 Early Return of Dependents (EROD) Class</b> 9:30-10:30 a.m. RB ACS, Bldg. 322 <b>Newborn Network</b> 10 a.m.-12:00 p.m. RB, Bldg. 221 Rm. 205 <b>Wiggles &amp; Giggles</b> 10 a.m.-12 p.m. Netzaberg Teen Center, Bldg. 9080 <b>German as a Second Language (Basic) (Session 1)</b> 6-8 p.m. TB ACS, Bldg. 244 Rm. 126</p>	<p><b>5 German as a Second Language (Basic) (Session 1)</b> 9-11 a.m. RB, Bldg. 603 (Calvary Corner) <b>Kidz Play</b> 9:30-11:00 a.m. RB, Bldg. 221 Dance Studio <b>German as a Second Language (Advanced) (Session 1)</b> 12-2 p.m. RB, Bldg. 603 (Calvary Corner) <b>Federal Resume Writing</b> 2:30-4 p.m. RB ACS, Bldg. 322 <b>German as a Second Language (Basic) (Session 1)</b> 6-8 p.m. RB ACS, Bldg. 322</p>	<p><b>6 SFRG Informal Funds Training</b> 9 a.m.-12:30 p.m. RB, Bldg. 221 Rm. 206 <b>Early Return of Dependents (EROD) Class</b> 9:30-10:30 a.m. TB ACS, Bldg. 244 <b>Citizenship/Immigration Class</b> 2-3:30 p.m. RB Legal Office, Bldg. 245 Rm. 109</p>	<p><b>7 Financially Fit Touch Points</b> 9 a.m.-3 p.m. TB ACS, Bldg. 244 <b>Baby Boot Camp</b> 9:30 a.m.-4:30 p.m. RB ACS, Bldg. 322 <b>EFMP Stepping Stones</b> 10-11 a.m. RB CYS Parent Central, Bldg. 224 <b>Single Parents Alliance</b> 4-5 p.m. RB ACS, Bldg. 322</p>
<p><b>10 ESL (Basic/Advanced)</b> 9-10:30 a.m. RB, Bldg. 221, Rm. 206 <b>Newcomers Orientation</b> 10 a.m.-12 p.m. TB, Bldg. 244, Welcome Center</p>	<p><b>11 SFRG Leaders Course</b> 9 a.m.-12:30 p.m. RB, Bldg. 221 Rm. 206 <b>Early Return of Dependents (EROD) Class</b> 9:30-10:30 a.m. RB ACS, Bldg. 322 <b>Newborn Network</b> 10 a.m.-12:00 p.m. RB, Bldg. 221 Rm. 205 <b>Wiggles &amp; Giggles</b> 10 a.m.-12 p.m. Netzaberg Teen Center, Bldg. 9080 <b>German as a Second Language (Basic) (Session 2)</b> 6-8 p.m. TB ACS, Bldg. 244 Rm. 126</p>	<p><b>12 German as a Second Language (Basic) (Session 2)</b> 9-11 a.m. RB, Bldg. 603 (Calvary Corner) <b>Kidz Play</b> 9:30-11:00 a.m. RB, Bldg. 221 Dance Studio <b>Navigating Parenting</b> 11:30 a.m.-1 p.m. RB ACS, Bldg. 322 <b>German as a Second Language (Advanced) (Session 2)</b> 12-2 p.m. RB, Bldg. 603 (Calvary Corner) <b>How to "ACE" Your Interview</b> 2:30-4 p.m. RB ACS, Bldg. 322 <b>German as a Second Language (Basic) (Session 2)</b> 6-8 p.m. RB ACS, Bldg. 322</p>	<p><b>13 Early Return of Dependents (EROD) Class</b> 9:30-10:30 a.m. TB ACS, Bldg. 244 <b>Citizenship/Immigration Class</b> 2-3:30 p.m. RB Legal Office, Bldg. 245 Rm. 109 <b>Beyond the Book</b> 3-4 p.m. RB ACS, Bldg. 322</p>	<p><b>14 Financially Fit Touch Points</b> 9 a.m.-3 p.m. TB ACS, Bldg. 244</p> <p><i>Valentine's Day</i></p>
<p><b>17</b></p> <p><i>Presidents' Day</i></p>	<p><b>18 Early Return of Dependents (EROD) Class</b> 9:30-10:30 a.m. RB ACS, Bldg. 322 <b>Newborn Network</b> 10 a.m.-12:00 p.m. RB Bldg. 221 Rm. 205 <b>Wiggles &amp; Giggles</b> 10 a.m.-12 p.m. Netzaberg Teen Center, Bldg. 9080 <b>German as a Second Language (Basic) (Session 3)</b> 6-8 p.m. TB ACS, Bldg. 244 Rm. 126</p>	<p><b>19 German as a Second Language (Basic) (Session 3)</b> 9-11 a.m. RB, Bldg. 603 (Calvary Corner) <b>Kidz Play</b> 9:30-11:00 a.m. RB, Bldg. 221 Dance Studio <b>Healing Hearts</b> 10:30am-12 p.m. TB Bldg. 244 <b>German as a Second Language (Advanced) (Session 3)</b> 12-2 p.m. RB, Bldg. 603 (Calvary Corner) <b>Career Planning</b> 2:30-4 p.m. RB ACS, Bldg. 322 <b>German as a Second Language (Basic) (Session 3)</b> 6-8 p.m. RB ACS, Bldg. 322</p>	<p><b>20 Early Return of Dependents (EROD) Class</b> 9:30-10:30 a.m. TB ACS, Bldg. 244 <b>Citizenship/Immigration Class</b> 2-3:30 p.m. RB Legal Office Bldg. 245 Rm. 109 <b>EFMP Family Movie: "Brave"</b> 2:30-4 p.m. TB Library, Bldg. 227 <b>MRT Mind Mapping (ACT)</b> 10 a.m.-12 p.m. RB, Bldg. 221</p>	<p><b>21 Financially Fit Touch Points</b> 9 a.m.-3 p.m. TB ACS, Bldg. 244 <b>EFMP Stepping Stones</b> 10-11 a.m. RB CYS Parent Central, Bldg. 224</p>
<p><b>24 A Family's Guide to Mindful Living</b> 8-11:30 a.m. RB ACS, Bldg. 322 Rm. 126 <b>ESL (Basic/Advanced)</b> 9-10:30 a.m. RB, Bldg. 221, Rm. 206</p>	<p><b>25 Early Return of Dependents (EROD) Class</b> 9:30-10:30 a.m. RB ACS, Bldg. 322 <b>Newborn Network</b> 10 a.m.-12:00 p.m. RB Bldg. 221 Rm. 205 <b>Wiggles &amp; Giggles</b> 10 a.m.-12 p.m. Netzaberg Teen Center, Bldg. 9080 <b>German as a Second Language (Basic) (Session 4)</b> 6-8 p.m. TB ACS, Bldg. 244 Rm. 126</p>	<p><b>26 German as a Second Language (Basic) (Session 4)</b> 9-11 a.m. RB, Bldg. 603 (Calvary Corner) <b>Kidz Play</b> 9:30-11:00 a.m. RB, Bldg. 221 Dance Studio <b>German as a Second Language (Advanced) (Session 4)</b> 12-2 p.m. RB, Bldg. 603 (Calvary Corner) <b>Effective Communication</b> 1-3 p.m. RB ACS, Bldg. 322 <b>German as a Second Language (Basic) (Session 4)</b> 6-8 p.m. RB ACS, Bldg. 322</p>	<p><b>27 4th Trimester</b> 9-10:30 a.m. RB Bldg. 322 <b>EROD Class</b> 9:30-10:30 a.m. TB ACS, Bldg. 244 <b>Citizenship/Immigration Class</b> 2-3:30 p.m. RB Legal Office Bldg. 245 Rm. 109 <b>How to "ACE" Your Interview &amp; Federal Resume Writing</b> 5-7 p.m. RB ACS, Bldg. 322</p>	<p><b>28 It Takes Two</b> 8:30 a.m.-3:30 p.m. RB, Bldg. 224 <b>Financially Fit Touch Points</b> 9 a.m.-3 p.m. TB ACS, Bldg. 244</p>



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GRAFENWOEHR Bldg. 244 CIV 09641-83-8371 DSN 475-8371 FAX CIV 09641-83-5164

VILSECK Bldg. 322 CIV 09662-83-2650 DSN 476-2650 FAX CIV 09662-83-2234

## Tower Barracks/Rose Barracks ACS

### Provides the Following Program Resources

Army Emergency Relief (AER) • Army Family Team Building (AFTB)  
Army Family Action Plan (AFAP) • Master Resilience Trainer (MRT)  
Army Volunteer Corps (AVC) • Employment Readiness Program (ERP)  
Exceptional Family Member Program (EFMP) • Family Advocacy Program (FAP)  
Financial Readiness Program (FRP) • Information & Referral Program  
Mobilization and Deployment (MOB/DEP) • New Parent Support Program (NPSP)  
Relocation Readiness Program (RRP) • Domestic Violence Victim Advocate

### Special Events for February

**EFMP:** Bring a snack and join the fun! Join the Exceptional Family Member Program (EFMP) and Tower Barracks Library for a free movie : “Brave”

**MDSSO:** Activating Thoughts and Consequences (ATC): Identify your Thoughts about an Activating Event and the Consequences of those Thoughts.

**Relocation Readiness:** Newcomers Orientation: Join us for an informal Meet & Connect, where we can get acquainted and share information about community resources that will support a smooth transition.

**Family Advocacy Program (FAP):** Join other couples for an interactive, fun day to learn better communication and listening skills essential for developing and maintaining a positive relationship.

### Additional Information for February

\*NPSP Home Visitors available for appointments and Parenting classes are available upon request

**Domestic Violence Hotline: 0162 296 0661**

**Sexual Assault Reporting : 09641 83 4567 / DSN 475 4567**

**Military & Family Life Consultants (MFLCs)**

*Completely Confidential, Professional, “Problem Solving”*

RB 0152 5108 9909 / 0173-604-5200

TB 0162 953 1853 / 0152 0293 4290 / 0162 953 1853

*Call ACS for more information!*

*Pre-registration is required for all ACS classes*

**\*ACS Rose Barracks (RB), BLDG 322:**

M—F 7:30 —4:30 p.m. • DSN: 476-2650/CIV: 09662-83-2650

**\*ACS Tower Barracks (TB), BLDG 244:**

M—F 7:30 —4:30p.m. • DSN: 475-8371/CIV: 09641-83-8371

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