

## AM I EXPERIENCING DOMESTIC ABUSE?

Does your partner...

- ☐ Act or look at you in ways that scare you?
- ☐ Intimidate you with his/her temper?
- ☐ Act like the abuse is no big deal, blame you for the abuse, or even deny doing it?
- ☐ Control what you do, who you see or talk to, where you go, or isolate you?
- ☐ Hit, kick, punch, slap, push or shove you?
- ☐ Put you down or threaten you?
- ☐ Take your money or refuse to give you money?
- ☐ Keep you away from your family and friends?
- ☐ Destroy your property or threaten to kill your pets?
- ☐ Force you to have sex?
- ☐ Threaten to commit suicide?
- ☐ Threaten to kill you or your children?

If you answer **YES** to any of these questions you may be experiencing domestic abuse. Help is Available.

### Crime Victims Have the Right To:

- Be treated with fairness, dignity, and a respect for privacy
- Be reasonably protected from the accused offender
- Be notified of court proceedings
- Be present at public court proceedings unless the court determines otherwise for fairness or other good cause
- Confer with the Government attorney
- Restitution, if appropriate
- Receive information regarding the conviction, sentencing, imprisonment, and release of the offender

### Help is Available

**Military One Source**  
**CONUS: 1-800-342-9647**  
**OCONUS: 00-800-3429-6477**  
**To call collect (with operator assistance):**  
**OCONUS 484-530-5908**  
[www.myarmyonesource.com](http://www.myarmyonesource.com)

**Your Local 24/7 ACS Victim Advocacy  
Helpline: 0162-296-0661**

**Emergency: 114**

For more information, contact Family Advocacy

Rose Barracks: 09662-83-2650  
Tower Barracks: 09641-83-8371  
Hohenfels: 08821-750-3777  
Garmisch: 09472-83-4860



U.S. ARMY  
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## The Army Family Advocacy Program

## USAG Bavaria

## Victim Advocacy Services



## The Army Family Advocacy Program Victim Advocacy Services

### What is the Army Family Covenant?

The Army Family Covenant commits the Army to provide Soldiers and Families a Quality of Life commensurate with their level of service and sacrifice. Domestic abuse undermines the Army's promise and negatively impacts Family Readiness. The Army Family Advocacy Program's Victim Advocacy Services are integral to the Army's efforts to uphold its commitment to provide Soldiers and Family members with a strong, supportive environment.

### What is a Victim Advocate?

A Victim Advocate (VA) is a trained professional who provides *non-clinical* advocacy services and support to Soldiers and Family members experiencing domestic abuse. Victim advocates are on-call 24 hours a day/7 days a week to provide crisis intervention, safety planning, *non-judgmental* support, assistance in securing medical treatment for injuries, information on legal rights and proceedings, and referrals to military and civilian resources. The on-call VA will empower you to make informed and independent decisions to support your recovery process.

### What is Domestic Abuse?

Domestic abuse is an offense under the United States Code, the Uniform Code of Military Justice, or State law involving the use, attempted use, or threatened use of force or violence against a person of the opposite sex, or the violation of a lawful order issued for the protection of a person of the opposite sex, who is: (1) A current or former spouse; (2) A person with whom the abuser shares a child in common; or (3) A current or former intimate partner with whom the abuser shares or has shared a common domicile.

## What are my Options for Reporting Domestic Abuse?

**Restricted Reporting** — Allows victims the option of receiving medical treatment, advocacy and counseling without triggering the official investigation or Command involvement

#### Restricted reports may be made to:

- Victim Advocates
- Chaplains
- Medical Professionals
- Behavioral Health or Clinical Family Advocacy Program

**Unrestricted Reporting** — Victims receive medical treatment, advocacy, counseling, and an official investigation of the allegation. This option allows the widest range of rights and protections to the victim.

#### Unrestricted reports may be made to:

- Victim Advocates
- Military Police (MP's)
- Chain of Command

### Are There Exceptions to Restricted Reporting?

Safety is of the utmost importance, thus exceptions to the Restricted Reporting Policy do exist to prevent or lessen a serious threat to the health/safety of the victim or others. Your VA will explain in detail the exceptions and eligibility requirements for restricted reporting.

#### Restricted reports will automatically be considered unrestricted in the following situations:

- If a child is involved
- If the person is pregnant
- If the person is a danger to themselves or others
- If a weapon was involved

## What Services Can I Expect from the Victim Advocate?

- ▶ Crisis intervention and non-clinical support
- ▶ Safety assessment and planning
- ▶ Information on the Transitional Compensation Program
- ▶ Coordination of emergency services; transportation, housing, food, etc.
- ▶ Assistance in obtaining protective orders
- ▶ Accompaniment throughout the medical, investigative and legal processes
- ▶ Information and referral
- ▶ Linking you to military and civilian community resources

## How Can I Protect Myself and My Children?

- ▶ Make a safety plan; a VA can help
- ▶ Have an emergency kit with money, medical cards, checkbook, car keys, birth certificates and other I.D., pay stubs, medicine and important phone numbers
- ▶ Plan an escape route out of your home; teach it to your children
- ▶ Know your resources (e.g., shelter, transportation and money)
- ▶ Ask family, friends and others for help
- ▶ Call the police or have someone else call
- ▶ Get medical help if you have injuries
- ▶ Discuss available safety measures with the VA, including a Military Protective Order

**We Listen.**

**We Act.**

**We Care.**