

USAG BAVARIA SPORTS AND RECREATION

JANUARY

BOXING TEAM REGISTRATION
January 2-31
Tower Barracks & Rose Barracks

FITNESS DAY
January 11
Tower Barracks

VOLLEYBALL OFFICIALS CLINIC & TOURNAMENT
January 28 - February 1
Hohenfels

FITNESS/WELLNESS CHALLENGE
January 31 - March 27
Tower Barracks

MARCH

VOLLEYBALL OFFICIALS/ COACHES CLINIC
March 2-5
Rose Barracks

VOLLEYBALL INTRAMURAL LEAGUE
March 9 - April 16
Tower Barracks & Rose Barracks

BASKETBALL CHAMPIONSHIP
March 13-15
Tower Barracks

BOXING CHAMPIONSHIP
March 21
Rose Barracks

VARSITY BASKETBALL CHAMPIONSHIP
March 27-29
Ansbach

APRIL

SOFTBALL - LEAGUE REGISTRATION
April 1-30
Tower Barracks & Rose Barracks

SOFTBALL OFFICIALS CLINIC & TOURNAMENT
April 14-18
Ansbach

RUGGED TERRAIN OBSTACLE RUN VIII
April 18
Tower Barracks

VOLLEYBALL CHAMPIONSHIP
April 20-23
Rose Barracks

SHARP BUDDY RUN
April 24
Rose Barracks

MAY

VOLLEYBALL CHAMPIONSHIP
May 1-3
Tower Barracks

FUNCTIONAL FITNESS CHALLENGE
May 9
Tower Barracks

TEN MILER FREEDOM RUN (ARMY Europe Qualification Run I)
May 9
Wiesbaden

SOFTBALL OFFICIALS/COACHES CLINIC
May 11-14
Rose Barracks

VARSITY VOLLEYBALL CHAMPIONSHIP
May 15-17
Hohenfels

SOFTBALL INTRAMURAL LEAGUE
May 18 - July 16
Tower Barracks & Rose Barracks

RUN TO HONOR
May 21
Tower Barracks & Rose Barracks

MURPH CHALLENGE
May 23
Tower Barracks & Rose Barracks

JUNE

SOCCER LEAGUE REGISTRATION
June 1-30
Tower Barracks & Rose Barracks

SOCCER OFFICIALS CLINIC & TOURNAMENT
June 2-6
Kaiserlautern

10 MILER (Army Europe Qualification Run II)
June 20
Tower Barracks

SOCCER OFFICIALS/COACHES CLINIC
June 22-25
Rose Barracks

SOCCER INTRAMURAL LEAGUE
June 29 - September 3
Tower Barracks & Rose Barracks

AUGUST

FLAG FOOTBALL INTRAMURAL LEAGUE
August 3 - October 8
Tower Barracks & Rose Barracks

SOFTBALL CHAMPIONSHIP
August 14-16
Tower Barracks

FUNCTIONAL FITNESS CHALLENGE
August 22
Rose Barracks

VARSITY SOFTBALL CHAMPIONSHIP
August 28-30
Tower Barracks

SEPTEMBER

SOCCER CHAMPIONSHIP
September 8-11
Rose Barracks

9/11 FREEDOM RUN
September 11
Tower Barracks

SOCCER CHAMPIONSHIP
September 18-20
Stuttgart

FITNESS DAY
September 19
Tower Barracks

OCTOBER

BASKETBALL LEAGUE REGISTRATION
October 1-31
Tower Barracks & Rose Barracks

VARSITY SOCCER CHAMPIONSHIP
October 2-4
Stuttgart

BASKETBALL OFFICIALS CLINIC & TOURNAMENT
October 6-10
TBA

FLAG FOOTBALL CHAMPIONSHIP
October 13-16
Tower Barracks

BOXING OFFICIALS CLINIC AND TOURNAMENT
October 15-17
Stuttgart

FLAG FOOTBALL CHAMPIONSHIP
October 23-25
TBA

BASKETBALL OFFICIALS/ COACHES CLINIC
October 26-29
Tower Barracks

NOVEMBER

BASKETBALL INTRAMURAL LEAGUE
November 2 - February 18, 2021
Tower Barracks & Rose Barracks

TURKEY TROT
November 21
Rose Barracks

DECEMBER

POWERLIFTING CHAMPIONSHIP
December 5
Rose Barracks



FEBRUARY

VOLLEYBALL LEAGUE REGISTRATION
February 1-29
Tower Barracks & Rose Barracks

BASKETBALL CHAMPIONSHIP
February 24-27
Tower Barracks



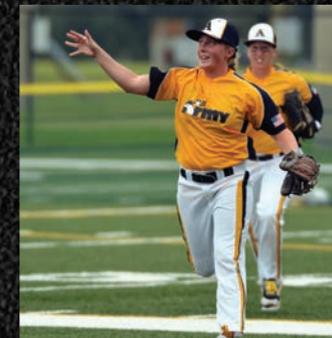
JULY

FLAG FOOTBALL LEAGUE REGISTRATION
July 1-31
Tower Barracks & Rose Barracks

FLAG FOOTBALL OFFICIALS CLINIC & TOURNAMENT
July 14-18
Wiesbaden

SOFTBALL CHAMPIONSHIP
July 20-23
Tower Barracks

FLAG FOOTBALL OFFICIALS/ COACHES CLINIC
July 27-30
Tower Barracks



PHYSICAL FITNESS CENTER

B170 Gettysburg Avenue, Tower Barracks
Front Desk DSN 475-9007 • CIV 09641-83-9007
Manager DSN 475-9024 • CIV 09641-83-9024
Sports Programmer DSN 475-9014 • CIV 09641-83-9014
Monday-Friday 5:30 a.m. - 9 p.m.
Saturday, Sunday & U.S. Holidays 9 a.m. - 5 p.m.
Training Holidays 8 a.m. - 9 p.m.
Gymnasium featuring: 2 full-size basketball courts, 3-lane indoor running track, 1 large fitness room with a cardio area, selectorized and free weight area, indoor cycling room, exercise room, combatives room, rock climbing wall, 2 saunas and locker rooms (men & women).

FIELD HOUSE 24/7 GYM

B547 Wilbur Road, Tower Barracks
Front Desk DSN 475-9554 • CIV 09641-83-9554
Manager DSN 475-9024 • CIV 09641-83-9024
Operation Hours 24/7
In order to have access to this facility, customers must attend a mandatory orientation. Call for dates/times.
Featuring: weight room, exercise/agility room and functional fitness room with men and women locker rooms.

JESSE L. WILLIAMS FITNESS CENTER 24/7

B323 53rd Constabulary Street, Rose Barracks
Front Desk DSN 476-2998 • CIV 09662-83-2998
Manager DSN 476-2538 • CIV 09662-83-2538
Monday-Friday 5:30 a.m. - 9 p.m.
Saturday, Sunday & U.S. and Training Holidays Closed
In order to have access to this facility after 9 p.m. weekdays and on weekends/holidays, customers must attend a mandatory orientation. Call for dates/times.
A total fitness facility with free weight area, cardio area, strength training area, exercise area, functional fitness area, 2 saunas and 2 locker rooms (men & women).

MEMORIAL FITNESS CENTER

B616 Old Ironsides Street, Rose Barracks
Front Desk DSN 476-2270 • CIV 09662-83-2270
Manager & Sports Programmer. DSN 476-2189 • CIV 09662-83-2189
Monday-Friday 5:30 a.m. - 1:30 p.m. and 5 - 9 p.m.
Saturday, Sunday & U.S. and Training Holidays 9 a.m. - 5 p.m.
Gymnasium featuring: cardio room, selectorized weight room, boxing room, wrestling/combative room, functional fitness room, 2 saunas and 3 locker rooms (2 men & 1 women)

OUTDOOR FACILITIES

Tower Barracks: 2 soccer/football fields, 3 softball fields, track & field facility with a 6-lane 400 meter track, 8-lane 50/100 meter track and a 1 mile running trail.
Rose Barracks: 1 soccer/football field, 3 tennis courts, 14 outdoor basketball courts, 4 softball fields and a fitness trail.

USAG BAVARIA SPORTS & FITNESS OPERATIONS

Chief, Sports & Fitness DSN 475-8207 • CIV 09641-83-8207

TEAM SPORTS

Basketball
Flag Football
Soccer
Softball
Volleyball

FITNESS CLASSES

Step Aerobics
Yoga
Pilates
Zumba
Indoor Cycling
MixedFit
Functional Fitness Training
Circuit Training
Les Mills Body Pump
Les Mills Body Combat

INDIVIDUAL SPORTS

Boxing
Martial Arts
Combatives
Powerlifting
Tennis

RECREATIONAL

Fun Runs
Rock Climbing
Dodgeball
Functional Fitness Challenge
Spouse Sports Leagues

FITNESS & ASSESSMENTS

Fitness Assessments
Individual Training Programs
Muscle Strength Training
Personal Fitness Trainers
Massage Therapists



In All Army Sports, Soldiers from Active Duty, Reserve and National Guard compete in a variety of sports at the highest levels to include Armed Forces, USA Nationals and Military World Games. We support Soldier readiness and well-being through athletic performance, military bearing and competitive spirit.

ARMY SPORTS

COMPETE WITH THE BEST



USAG BAVARIA

SPORTS & RECREATION

2020 CALENDAR OF EVENTS



U.S. ARMY
MWR
USAG BAVARIA

GRAFENWOEHR.ARMYMWR.COM