

ROSE BARRACKS FITNESS CLASSES

U.S. ARMY
MWR
USAG BAVARIA

AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 6:00pm Indoor Cycling - Jamie	4	5	6	7 Training Holiday	8
9	10 Training Holiday	11 6:00PM Functional Fitness Alejandra	12	13	14	15
16	17 6:00pm Indoor Cycling - Jamie	18 6:00PM Functional Fitness Alejandra	19	20	21	22
23/30	24/31 6:00pm Indoor Cycling - Jamie	25 6:00PM Functional Fitness Alejandra	26	27	28	29



SCAN FOR MORE INFORMATION & TICKETS VISIT:
[GRAFENWOEHR.ARMYMWR.COM/FITNESS](https://Grafenwoehr.ArmyMWR.com/Fitness)