

# May 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<b>National Military Appreciation Month</b>				
<b>1</b>	<b>2</b> Same Day Financial Appointments, TB ACS Bldg. 244 Toddler Play Group, 0930-1100, Netzaberg SAC Newborn Network, 1000-1200, RB ACS	<b>3</b> Same Day Financial Appts, TB ACS Bldg. 244 German as a Second Language (8 Session Series: 3May-21June), 0830-1030, RB ACS	<b>4</b> FRG Informal Fund Custodian Training, 0900-1130, RB Bldg. 221 English as a Second Language, 1100-1300, RB ACS FRG Key Contact Training, 1300-1530, RB Bldg. 221	<b>5</b> Financial Friday, 0900-1600, TB Bldg. 244 Rm 126
<b>8</b>	<b>9</b> Same Day Financial Appointments, TB ACS Bldg. 244 Morning Coffee with... FAP & NPSP, 0900-1000, RB Java Café at the Library Bldg. 227 Toddler Play Group, 0930-1100, Netzaberg SAC Newborn Network, 1000-1200, RB ACS Afternoon Tea with... FAP & NPSP, 1500-1600, TB Bldg. 244 Rm 128	<b>10</b> Same Day Financial Appts, TB ACS Bldg. 244 Espresso Yourself, 1000-1100, TB Army Lodging <b>VOLUNTEER RECOGNITION CEREMONY</b> 1100-1300, Netzaberg Chapel	<b>11</b> FRG Leaders Course, 0900-1130, RB Bldg. 221 Resume Writing, 0900-1030, RB ACS AVC VMIS, 1000-1100, RB Bldg. 221 Rm 206 English as a Second Language, 1100-1300, RB ACS	<b>12</b> <b>Military Spouse Appreciation Day</b> Financial Friday, 0900-1600, TB Bldg. 244 Rm 126
<b>15</b>	<b>16</b> Same Day Financial Appointments, TB ACS Bldg. 244 Toddler Play Group, 0930-1100, Netzaberg SAC Newborn Network, 1000-1200, RB ACS	<b>17</b> Same Day Financial Appts, TB ACS Bldg. 244 Citizenship/ Immigration Workshop 1000 – 1200, RB ACS Get a Grip (Part 1), 1130-1500, RB ACS	<b>18</b> English as a Second Language, 1100-1300, RB ACS Get a Grip (Part 2), 1130-1500, RB ACS Bavarian Nights, 1700-1800, RB ACS A Globetrotter's Guide to Germany 1800-1900, RB ACS	<b>19</b> Baby Boot Camp, 0900-1630, RB ACS Financial Friday, 0900-1600, TB Bldg. 244 Rm 126
<b>22</b> Welcome to Bavaria, 1000-1500, RB ACS	<b>23</b> Same Day Financial Appointments, TB ACS Bldg. 244 Interview Techniques, 0900-1030, RB ACS Toddler Play Group, 0930-1100, Netzaberg SAC Newborn Network, 1000-1200, RB ACS	<b>24</b> Same Day Financial Appts, TB ACS Bldg. 244 AVC OPOC, 1030-1200, RB Bldg. 221 Rm 206	<b>25</b> English as a Second Language, 1100-1300, RB ACS	<b>26</b> Discover your Neighborhood: Amberg Contact ACS for information on times and pick-up locations. Espresso Yourself, 1000-1100, TB Army Lodging
<b>29</b> <b>Memorial Day</b> ACS is Closed!	<b>30</b> Same Day Financial Appointments, TB ACS Bldg. 244 Toddler Play Group, 0930-1100, Netzaberg SAC Newborn Network, 1000-1200, RB ACS Get a Grip (Part 1), 1130-1500, RB ACS	<b>31</b> Same Day Financial Appts, TB ACS Bldg. 244 German as a Second Language (8 Session Series: 31May-19July), 1100-1300, RB ACS Get a Grip (Part 2), 1130-1500, RB ACS		

See back of calendar for  
class descriptions  
& Special Events!

\*ACS Rose Barracks (RB), BLDG 322:  
M—F 0800-1700  
DSN: 476-2650/CIV: 09662-83-2650



\*ACS Tower Barracks (TB), BLDG 244:  
M—F 0730-1230 & 1330-1630  
DSN: 475-8371/CIV: 09641-83-8371

**Calendar Key:**  
RB=Rose Barracks  
TB=Tower Barracks



*Pre-registration required for all classes! All advertised classes must have pre-registration numbers of at least 5 attendees or the class will be cancelled.  
Persons signed up for a class that is cancelled will be notified of the cancellation and given options to reschedule.*

# Relocation Readiness (Relo) Financial Readiness Program (FRP) Family Advocacy Program (FAP)

**Welcome to Bavaria!:** Newcomers get info about living in Germany, e.g. typical language, customs, holidays, dining out, lifestyle, shopping, and culture.

**Discover Your Neighborhood:** Practice your German language skills on a tour of Amberg or Weiden. Discover historical places to visit, shop & eat. Must first attend Welcome to Bavaria or German as a Second Language. Bring Euros for lunch & shopping. Parents: This trip entails a bus ride and a long day of walking. Please consider your child's safety and temperament. In addition, cobblestone streets are not stroller-friendly. *Contact ACS for times and pick-up info.*

**Bavarian Nights:** 1-hour introduction to Bavaria's unique culture and customs. Interesting facts about Bavarian garments, cuisine, festivities, history and much more.

**A Globetrotter's Guide to Germany:** German Travel Tips including the Train System. Travel with confidence with this transportation and lodging class.

**German as a Second Language (GSL):** Beginner course with an introduction to the German alphabet, numbers, shopping, greetings, etc. *No additional sign-ups after 1st session.*

**English as a Second Language:** English for Foreign-Born Spouses. Build your confidence with improving grammar & conversation skills.

**Citizenship/Immigration Workshop:** Classes provide guidelines and information while answering questions Foreign Born Spouses or their Sponsors might have.

## Mobilization & Deployment (Mob/Dep)

**FRG Informal Fund Custodian Training:** Familiarize Key Contacts with regulatory guidance. Learn the FRG and Key Contact Missions. Define Key Contact Roles and Responsibilities. Identify Resources for Key Contact Smart Books. Practice Communicating with FRG Members.

**FRG Key Contact Training:** Familiarize Key Contacts with regulatory guidance, understand the FRG and Key Contact missions, define Key Contact Roles and Responsibilities.

**FRG Leaders Course:** Define the mission and role of the FRG within the Family Readiness system as well as the responsibilities of all team members. Specify the focus of FRG support (what, when, how, etc) Identify regulations, policies, and instructional guidance on FRG Operations.

*Spouses are encouraged to attend!*

**Same –Day Financial Appointments:** Call –in to the Tower Barracks ACS on Tuesday & Wednesday Mornings between 0730-0830 to request a *same-day* Financial appointment with our Financial Advisor. Review your finances free of cost!

**Financial Friday:** Mandatory class for 1st Term Soldiers, but anyone can attend any portion of the class throughout the day. Topics include budgeting, credit/debt management, investing, frauds/rip-offs, and insurance requirements. Children may attend as long as they do not disrupt the class.

## Survivor Outreach Services

### MILITARY SPOUSE APPRECIATION DAY

Since 1984, the Friday before Mothers' Day has been designated as Military Spouse Appreciation Day. Both the Rose and Tower Barracks Libraries will celebrate this day and ACS Staff will stop by in the afternoon to show our support!

### RUN TO HONOR

**May 25 • Memorial Fitness Center • Rose Barracks • 6:30-8 A.M.**

Dedicate your run to the Fallen and Surviving Families. Learn more about the Symbols of Honor that Surviving military Families wear visit GoldStarPins.org #GoldStarPins

### MEMORIAL DAY REMEMBRANCE CEREMONY

**May 25 • Tower Barracks • Parade Field • 11 A.M.**

## Army Family Team Building (AFTB)/ Volunteer Program (AVC) / AFAP

### VOLUNTEER RECOGNITION CEREMONY

**Netzaberg Chapel • 11 A.M.—1 P.M.**

**Rose & Tower Barracks VRC:** Recognize all of the volunteers that dedicate their time and service to USAG Bavaria in the Vilseck and Grafenwoehr communities.

**Organizational Point of Contact (OPOC):** Learn the in's and out's on how to create, update volunteer positions and certify volunteer's hours.

**Volunteer Management Information System (VMIS):** Acquire the knowledge of navigating VMIS myarmyonesource.com! Learn how to log volunteer hours, update your information and get volunteer credit.

**Get a Grip:** Join us for a 2-part session and learn to manage your anger with strategies and skills that help you recognize and control angry feelings.

**Espresso Yourself:** Meet up with FAP Staff for coffee and discussion on tips for managing a military lifestyle while living overseas.

**Car Seat Safety:** Learn correct car seat safety for your children. Make sure your children are using the proper car seats for their age and size. *\*Contact FAP for an appointment.*

**Kick the Pressure:** A stress management seminar for community members who want to learn coping skills for everyday. *\*Contact FAP for an appointment.*

## New Parent Support Program (NPSP)

**Baby Boot Camp:** Join us to obtain more information on prenatal nutrition, newborn care, hospital care in Germany, breastfeeding, and more! —*Max: 20*

**Toddler Playgroup:** Connect with other parents while spending time with your child doing age-appropriate activities.

**Newborn Network:** Parents engage in discussing parenting topics while babies enjoy sensory learning activities.

*\*Contact NPSP for a home visit.*



## Exceptional Family Member Program (EFMP)

**Morning Coffee / Afternoon Tea with...:** Have an informal sit-down enjoying coffee/tea getting to know staff from different organizations, learn about their programs and get to ask questions!

**This Month:** *Family Advocacy & New Parent Support Program* Learn and discuss what these programs offer for services, classes they provide, and developmental milestones for your family.

## Employment Readiness Program (ERP)

**Resume Writing:** Learn about the differences between Civilian and Federal Resumes, how to write both plus creating Cover Letters.

**Interviewing Techniques:** Go over the steps of the interview process including the initial contact, phone interviews, in-person interviews and even salary negotiation.

