IMCOM-EUROPE ARMY TEN MILER VIRTUAL QUALIFIER RACE UNITED STATES ARMY GARRISON BAVARIA REGISTRATION FORM

PLEASE PRINT ALL INFORMATION

Name (Last)	/(First)	/(MI)	Rank/Grade	
Unit	Garrison/Community			
CMR	BO2	X	APO	
Duty Phone	Email address			
GENDER	M	ILITARY	RACE DATE	

ELIGIBILITY: US ID Card Holders Only. DoD Civilians and Family members 18 years and older and out of high school. Participants will be held to the honor system. U.S. Air Force, Navy or Marines whose duty station is within the garrison they represent and who are not participating in their respective forces organized program are authorized to participate as members of NATO Forces assigned to U.S. Army units in the Europe Region. Registration Form must be submitted no later than (NLT) 0800 hours on 2 May 2025, for the 3 May virtual race date, or 0800 hours, 27 June 2025 for the 28 June 2025 virtual race date.

QUALIFYING CRITERIA: Once you've registered you will receive a confirmation email from the sports director that will provide you additional information on specific requirements you need to follow to record your run time/distance. If you're not able to meet the specific requirements you may be required to do an additional timed run to verify your capability to perform at the level you have submitted. IE: Runner may be asked to run a timed 5k or other distance by the sports director in order to verify ability. Only Men's times of 70 minutes or faster and women's times of 85 minutes or faster will be reported to the IMCOM-Europe Recreation Office.

START TIME: 0800 hours. All active duty personnel wishing to qualify for the IMCOM-E/USAREUR team must validate that they started no earlier than 0700 and no later than 0900 hours. Runners must submit their results by providing a screen shot of their information which must include: name, time started, distance ran in miles only (kilometers will not be accepted), time ran, average rate of speed. This must be emailed to <u>usarmy.bavaria.id-europe.list.fitness-programs@army.mil</u> NLT 1200 hours on the day of the race, (3 May 2025 or 28 June 2025) to be considered for the team.

PRINT NAME: _____

SIGNATURE: _____

DATE: _____

or download completed form and email to <u>usarmy.bavaria.id-europe.list.fitness-programs@army.mil</u>