

ROSE BARRACKS FITNESS CLASSES

JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 MIXEDFIT 5:30pm - Somon	2 Functional Fitness 6pm - Alejandra	3	4	5	6
7	8 MIXEDFIT 5:30pm - Somon Indoor Cycling 7pm - Jamie	9 Functional Fitness 6pm - Alejandra	10	11	12	13
14	15 MIXEDFIT 5:30pm - Somon Indoor Cycling 7pm - Jamie	16 Functional Fitness 6pm - Alejandra	17	18	19 Federal Holiday	20
21	22 Training Holiday	23 Functional Fitness 6pm - Alejandra	24	25	26	27
28	29 MIXEDFIT 5:30pm - Somon Indoor Cycling 7pm - Jamie	30 Class Postponed				



SCAN FOR MORE INFORMATION & TICKETS VISIT:
GRAFENWOEHR.ARMYMWR.COM/FITNESS