

ROSE BARRACKS FITNESS CLASSES

U.S. ARMY
MWR
USAG BAVARIA

JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Federal Holiday	2 Training Holiday	3
4	5 5:30PM MIXXEDFIT -SOMON	6 6:00PM Functional Fitness - Alejandra 6:00PM Zumba - MARI	7	8	9	10 USAG Bavaria Fitness Day Tower Barracks
11	12 5:30PM MIXXEDFIT -SOMON	13 6:00PM Functional Fitness - Alejandra 6:00PM Zumba - MARI	14	15	16 Training Holiday	17
18	19 Federal Holiday	20 6:00PM Functional Fitness - Alejandra 6:00PM Zumba - MARI	21	22	23	24
25	26 5:30PM MIXXEDFIT - SOMON	27 6:00PM Functional Fitness - Alejandra 6:00PM Zumba - MARI	28	29	30	31



SCAN FOR MORE INFORMATION & TICKETS VISIT:
GRAFENWOEHR.ARMYMWR.COM/FITNESS