

**ADMISTRATIVE & OPERATIONAL PROCEDURES FOR
CONDUCTING USAG BAVARIA and 7th ARMY TRAINING
COMMAND
9th ANNUAL GRAFENWOEHR RUGGED TERRAIN OBSTACLE RUN**

1. **REFERENCES:**
 - a. AR 215-1, Non-appropriated Fund Instrumentalities and, Morale, Welfare and Recreation Activities, 24 September 2010.
 - b. Army Regulation in Europe AER215-1, Family and Morale, Welfare, and Recreation Programs in Europe, 17 June 19.
 - c. DA PAM 385-11, Army Safety Program, 27 November 2013.

2. **WHAT:** 9th Annual Grafenwoehr Rugged Terrain Obstacle Run.
(A 16km hardcore cross-country rugged terrain run with 20+ obstacles throughout the course).

3. **WHEN:** 15 April 2023

4. **WHERE:** USAG Bavaria, Tower Barracks Physical Fitness Center, B170.

5. **ENTRIES:** Each Garrison is authorized an unlimited number of individual competitors (Individual & Teams) It is encouraging that you participate in this event with a battle buddy/partner. We also encourage team costumes.

6. **ENTRY FEE:**

NLT 31 Dec 2022 \$35 per person
Teams: \$30 per team member (Minimum 4, Maximum 10)

NLT 31 Jan 2023 \$40 per person
Teams: \$35 per team member (Minimum 4, Maximum 10)

NLT 28 Feb 2023 \$45 per person
Teams: \$40 per team member (Minimum 4, Maximum 10)

NLT 6 Apr 2023 \$50 per person
Teams: \$45 per team member (Minimum 4, Maximum 10)

7. **LIGIBILITY:**
 - a. Competitors must consist of Active Duty Military personnel, DoD Civilians, Family Members, and US Civilian Contractors with MWR privileges, 18 years of age, and not enrolled in High School. ID card check verification will be conducted before the start of the race.

 - b. Military members of NATO Forces on active duty training status within the Bavarian Military Community, and members of NATO Forces assigned to U. S. Army units in the Europe Region.

8. **REGISTRATION:**
- a. Registration – Starts 1 October 2022
 - b. Register at the Tower Barracks Physical Fitness Center, B170 or at the Jesse L. Williams Fitness Center, B323, Rose Barracks
 - c. Online registration: Download form from USAG Bavaria MWR webpage. www.grafenwoehr.armymwr.com

Complete registration form and send via email (encrypted) to the usarmy.bavaria.id-europe.list.fitness-programs@army.mil
 - d. Registration will close, 6 April 2023 at 1200 hours
(All participants will be required to sign a Waiver of liability, Hold Harmless Agreement, Terms and condition in order to participate in the Graf Rugged Terrain Obstacle Run!)
9. **RUNNERS MEETING:** 15 Apr 2023, 0835 hours. A mandatory meeting for all runners will be conducted at Tower Barracks Physical Fitness Center, B170. Administrative procedures, course layout, obstacles, medical, monitors and water point stations will be discussed.
10. **OPENING REMARKS:** 15 Apr 2023, 0855 hours at Tower Barracks Physical Fitness Center, B170.
11. **START TIME:** 15 Apr 2023, 0900 hours, continues with a 3 minute staggered times for groups of 100.
12. **AWARDS:** a. Participation T-shirt (First 450 registered)
13. **LODGING:** Contact the Billeting Office at USAG Bavaria, DSN: 475-1700, CIV: 09641-83-1700 or Rose Barracks, DSN: 476-1700, CIV: 09662-83-1700.
14. **MEDICAL SUPPORT:** This event will have the required medical staff with ambulances on-site to assist in care, treatment and evacuation of any injured/sick participants and/or spectators.
15. **EVENT DIRECTOR:** Chief Sports & Fitness Operation Branch, Family and MWR USAG Bavaria, DSN: 526-9035 or CIV: 09641-70-526-9035.
16. **HOST SITE COORDINATORS:** Supervisory Sports Specialist, Physical Fitness Center, USAG Bavaria, (DSN: 526-1423 or CIV: 09641-70-526-1423)
Supervisory Sports Specialist, Rose Barracks, (DSN: 476-2538 or CIV: 09662-83-2538).