NEWSLETTER

This newsletter features highlights of Family and MWR programs, classes and services. Visit our website and Facebook for all programs and events offered.

SEASONAL "PASSPORT" NOW AVAILABLE

The 2018-2019 Fall/Winter Passport, your guide to outdoor adventure and leisure travel, is published online and print copies available soon at Wild B.O.A.R. Outdoor Recreation RC600 Tank Road, Tower Barracks.

CROWN JEWEL BAZAAR

October 12-14

Multi-Purpose Center B134, Rose Barracks Featuring vendors throughout Europe. Antiques, Wine, Polish Pottery, Cheese, Drinks, Opportunity Drawings and more. Come shop 'fil you drop!

- Friday: 10 a.m. 7 p.m.
- Saturday: 10 a.m. 6 p.m.
- Sunday: 10 a.m. 4 p.m.

Presented by Family and MWR in partnership with the Bavaria Community & Spouses' Club. Open to ID card holders only.

CMA SONGWRITERS SERIES - FREE SHOW

October 13, 8 p.m.

Camp Algier Recreation Center B2440
Direct from Nashville - Artists performing their songs
and telling the stories behind them. For ID card holders
18 + . Brought to you by Army Entertainment.

RECREATIONAL LODGING NOW AVAILABLE

Tower Barracks, B226

Rooms are fully furnished and can comfortably sleep up to three people. Amenities include: a 40 inch flat screen TV with AFN, microwave, coffee pot, toaster, full-size refrigerator, hair dryer and laundry facilities (with shared iron and ironing board access). Rollaway bed available upon request. For long stays, please contact the front desk to request fresh linens! Cost/\$40 per night for the first person and an additional \$5 per person, per night. Rooms are pet friendly, with a one-time \$30 cleaning fee. Recreational Lodging on Tower Barracks can be booked through Wild B.O.A.R. Outdoor Recreation RC600, DSN 475-8529, CIV 09641-83-8529.

DOMESTIC VIOLENCE AWARENESS MONTH EVENTS



Domestic Violence Awareness Month Kick-Off October 2, 10 a.m. - 1 p.m.

The Family Advocacy Program hosts this Kick-Off event raising awareness and providing information to prevent intimate partner violence and promote healthy relationships. We'll have a cake cutting ceremony and unveil the "Clothesline Project" (a traveling art piece).

Enjoy FREE Fitness Classes

October 10 & 23, 11:30 a.m., Memorial Fitness Center, Rose Barracks October 17, 11:30 a.m., Physical Fitness Center, Tower Barracks

It Takes Two! Marriage Enrichment Seminar

October 19, 8 a.m. - 4 p.m.

Morning Session: Couples learn effective communication skills and building healthy relationships styles. Afternoon Session: Couples put their new skills to the test as they complete the High Ropes Course together at Wild B.O.A.R. Outdoor Recreation. This FREE event is limited to 10 couples. Participants must wear appropriate clothing/attire, be comfortable with heights and physically able.

The Escape Room Experience

October 30, 5-8:30 p.m.

Enjoy a choice of five challenging, family friendly rooms from which to escape from. The Escape Room tests both your wits and communication skills as you race against the clock to solve the mystery.

Contact ACS for more information and to register. DSN 476-2650.CIV 09662-82-2650. RB B322.



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You are part of the Army Family, supporting an important mission at USAG Bavaria. The Family and MWR Directorate is evaluating how well we support your quality of life through programs and services. All military community members are invited to participate in the Army Family and MWR Customer Survey to gauge the needs, interests and preference of our community.

If you have already completed this online survey, thank you for your feedback.

If not, you can access the survey at: ArmyMWRsurvey.com/Bavaria

The survey closes on October 17.

If you have questions, please contact USAG Bavaria, Family and MWR Directorate at DSN 526-9030, CIV 09641-705269030 for assistance.

Thank you for your participation in this important effort.

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WILD B.O.A.R. OUTDOOR RECREATION

Your guide to **Adventure and Leisure trips:**

OCTOBER

- 1 Top Rope Belay Certification
- 2 Late Night Climbing
- 4 Late Night Climbing
- 6 Dachau & Munich National Museum
- 7 Prague, Czech Republic*
- 11 Late Night Climbing
- 12-14 Fishing Class
- 13 Berlin
- 14 Herrenchiemsee Castle
- 15 Top Rope Belay Certification
- 16 Late Night Climbing
- 18 Late Night Climbing
- 20 Polish Pottery, Poland*
- 20-21 Goose Shoot
- 21 Two Castles
- 22 Top Rope Belay Certification
- 23 Late Night Climbing
- 25 Late Night Climbing
- 27 Dresden
- 27 Long Range Shoot
- 28 Karlovy Vary & the Asian Dragon Market, Czech Republic*
- 29 Top Rope Belay Certification
- 30 Late Night Climbing
- * Passport required

GIVE BOWLING A TRY!

The Bowling Centers on Tower Barracks and Rose Barracks offer fun and entertainment paired with affordable prices and great socializing opportunities. Try Cosmic Bowling, join a League or come to Ladies Night, all held on a recurring basis.

LIBRARY

Teen Read Week

October 7-13

October features a very special week for teenagers and encourages them to check out and read books from the library. Both Tower Barracks and Rose Barracks Libraries will showcase book displays geared towards teenagers. And teens will be rewarded for checking out books to read. For each book checked out, teens will be entered into a drawing for a raffle prize! Drawing will take place on October 16.

Very Scary Library

October 29, 5-6 p.m.

Tower Barracks and Rose Barracks

Are you looking for the perfect opportunity to show off your new costume before Halloween? Come take part in some pre-holiday mischief at our Very Scary Library. More fun than scary, the event features games, crafts and a treat or two. Holiday-themed face painting will be offered. This event is perfect for children up to age 12 and their families

Weekly Story Time & Puppet Show

ACS Puppet Show will be performed every first Wednesday of the month in Tower Barracks and every first Thursday of the month at Rose Barracks following the weekly story time.

Story Times:

Wednesdays, 10 a.m., Tower Barracks Thursdays, 10 a.m., Rose Barracks

October Displays:

- Hispanic Heritage Month (September 15 October 15)
- Teen Read Week (October 7-13)
- Halloween Decor



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WINTER YOUTH SPORTS REGISTRATION

October 1-31

USAG Bavaria (all locations) Featured activities (vary by location) include basketball, wrestling, bowling and cheerleading. Open to ages 3-15, contact your local Parent Central Services to register.

INTRAMURAL BASKETBALL - LEAGUE REGISTRATION

October 1-31

USAG Bavaria

Contact your local Physical Fitness Center on Tower Barracks or Rose Barracks for more information



FAMILY AND MWR FOOD OPERATIONS TO PARTICIPATE IN "HEALTHIER OPTIONS MADE EASY!" INITIATIVE FOR HEALTHY ARMY COMMUNITIES

Healthier options are marked with the apple heart so you can be confident you're making a nutritious choice. Items marked with the apple heart are 500 calories or less, < 40% total fat, < 10% saturated fat. Stop by Tower Barracks B612 or Rose Barracks B227 and check the healthy menu items out.























